# Large Fluctuations in Multiattractor Systems and the Generalized Kramers Problem

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Received February 23, 1998; final June 15, 1999

The main subject of the paper is an escape from a *multiwell* metastable potential on the timescale of the formation of the quasiequilibrium between the wells. Our main attention is devoted to such ranges of friction in which an external saddle does not belong to a basin of attraction of an initial attractor. A complete rigorous analysis of the problem for the most probable escape path is presented and a corresponding escape rate is calculated with a logarithmic accuracy. Unlike a conventional rate for a quasistationary flux, the rate on shorter timescales strongly depends on friction, moreover, it may undergo oscillations in the underdamped range and a cutoff in the overdamped range. A generalization of the results for interattractor transitions in stable potentials with more than two wells is also presented, and a splitting procedure for a phenomenological description of interattractor transitions is suggested. Applications to such problems as the dynamics of escape on timescales shorter than an optimal fluctuation duration, the prehistory problem, the optimal control of fluctuations, fluctuational transport in ratchets, escapes at a periodic driving, and transitions in biased Josephson junctions and ionic channels are briefly discussed.

**KEY WORDS:** Large fluctuation; multiattractor system; master equation; probability flux; first-passage problem; Kramers problem; variational problem; most probable direct transition path; action; detailed balance; time-reversed path; saddle connection.

## **1. INTRODUCTION**

The problem of rare fluctuational transitions in a classical system driven by a weak noise attracts an attention of theorists for more than half a century (for a historical review see, e.g., ref. 1). Its treatment in a contemporary

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form should be counted probably from the celebrated work by Kramers<sup>(2)2</sup> in which, in particular, the noise-induced escape from a metastable potential well was considered. The principal result by Kramers is that, after a short initial period during which a quasi-stationary distribution forms within the well, the probability flux from it is an exponentially decaying function:

$$J = \alpha e^{-\alpha t} \tag{1.1}$$

where the escape rate  $\alpha$  contains, appart from the Arrhenius factor<sup>(4)</sup>  $\exp(-\Delta U/T)$  ( $\Delta U$  is a height of the potential barrier and T is a temperature), a preexponential factor which relatively weakly depends on T, friction  $\Gamma$  and some details of a potential U(q)

$$\alpha = A(T, \Gamma, [U]) \exp\left(-\frac{\Delta U}{T}\right), \qquad T \ll \Delta U \tag{1.2}$$

and Kramers derived explicit asymptotic formulas for A in the ultra-underdamped and moderate-to-overdamped limits.

I do not have a room here to review all developments and generalizations of the Kramers problem (surveys of the state of art, at least by the end of 80th, are given in major reviews<sup>(5, 6)</sup>). Rather I shall mention just two activities which are quite relevant to the subject of my paper.

One of them concerned the problem of filling the "gap" between the ultra-underdamped and moderate-to-overdamped limits for the expression of the preexponential factor A. This activity was crowned by the work by Melnikov<sup>(7)</sup> (see also the review<sup>(6)</sup> and references therein) who developed a very beautiful method based on the reduction of the Fokker–Plank equation, in the underdamped regime, to some more simple integral equation which, in its turn, was solved by the Wiener–Hopf method. We draw attention of a reader to that fact that, in all friction ranges, a dependence of the escape rate on friction is much weaker than exponential.<sup>(6)</sup>

However all these works considered only a *quasi-stationary* flux. A natural question is: how does an escape flux evolve from zero at the initial instant to its quasi-stationary value at time-scales greatly exceeding a time of a formation of the quasi-equilibrium within the metastable part of the potential? There were few works on this problem,<sup>(8-10)</sup> but they all concerned only a single-well case: the quasi-equilibrium is established in this case quickly (for a time of the order of a characteristic relaxation time in the well).

<sup>&</sup>lt;sup>2</sup> In fact, there was an earlier work, by Pontryagin, Andronov and Vitt,<sup>(3)</sup> which forestalled in many respects the Kramers paper, but it remained practically unknown for western scientists and, historically, has not influenced the development of science.

In contrast, the formation quasi-equilibrium in a *multi-well* metastable potential takes an exponentially longer time. Indeed, the formation has two essentially different stages in this case: the first stage, during which quasiequilibrium forms within the initial well, is short (similar to that one in a single-well case) while the second stage, when an equilibrium between different wells forms, is exponentially longer. Escapes for these two stages occur quite differently. *The present paper considers an escape*<sup>3</sup> *flux just in the second stage*. It should be emphasized that, at small temperatures, just this stage is most relevant to real situations since the first stage ends very quickly (its duration depends on temperature logarithmically while the second stage duration increases exponentially sharply as temperature decreases) while larger time-scales, related to the quasi-stationary stage, may exceed significantly an observation/experiment time.

A duration of an escape/transition is typically much smaller than a time during which a system waits for the escape/transition<sup>(11)</sup> so that the transition process may be considered at the relevant time-scales as an instantaneous one while a noise-driven multi-stable system on the whole may be described as a Markov chain,<sup>(11)</sup> i.e., within an approximation of master equations for populations of attractors, with constant transition rates  $\alpha_{ij}$  between states *i* and *j* (attractors or an unstable region).

Figure 1 illustrates schematically an escape from a double-well metastable potential. If the system stays initially in 1 then, on time-scales preceding the formation quasi-equilibrium between wells 1 and 2, escapes occur most probable *directly*, i.e., without relaxing into the bottom of the well 2, so that the flux at such time-scales is equal to  $\alpha_{13}$  which may drastically differ from the quasi-stationary flux.

A rate of a transition/escape flux over more than one barrier, e.g., such as  $\alpha_{13}$ , cannot be generally described by the Melnikov method, as it was recognized yet by Melnikov himself.<sup>(6)</sup> Instead, use for their description the concept of *optimal large fluctuation*. Not only it provides a calculation of escape/transition rates but also allows to find a trajectory along which escapes/transitions occur with an overwhelming probability. The concept of optimal large fluctuation dates back to 50th–60th<sup>(12–14)</sup> but the outburst of the interest to it falls onto the last decade which, apart from the logic of its own scientific development, is probably due to numerous recently appeared subjects related to large fluctuations and suggesting interesting applications in physics, biology, engineering, etc. These are first of all: stochastic resonance (see for recent reviews refs. 15 and 16, and references therein), noise-induced transport in ratchets (e.g., refs. 17–22), optimal

<sup>&</sup>lt;sup>3</sup> A closely related problem of inter-well transitions in a multi-well *stable* potential is also considered.



Fig. 1. A double-well metastable potential and schematically shown "direct" transitions:  $1 \rightarrow 3$  (dotted line) and  $1 \rightarrow 2, 2 \rightarrow 1, 2 \rightarrow 3$  (dashed lines).

control of fluctuations (e.g., refs. 23 and 24). A few hundreds papers on these subjects have been published for the last decade. As concers the problem of large fluctuations itself, it was treated by various methods: direct probabilistic methods (see refs. 14 and 11 and references therein), eikonal approximation of the Fokker–Plank equation (e.g., refs. 25–29) and the path-integral method (e.g., refs. 30–34 and 22–24). Usually, the primary aim of all these methods is to derive an exponent in the most strong (activation-like) factor in the dependence of a transition rate on temperature (or any other quantity characterizing noise intensity):

$$\alpha_{\rm tr} \propto \exp\left(-\frac{S}{T}\right), \quad T \ll S$$
(1.3)

where S is an *action* of the Onsager–Muchlup  $type^{(12)}$  taken along an *optimal path* of a fluctuational transition. For the escape from a single potential well, the most probable escape path is the time-reversal of the relaxational trajectory from the saddle to the bottom of the well (see, e.g., ref. 26) which obviously provides that same Arrhenius factor in (1.2). A corresponding noise realization is often called an *optimal fluctuation*.<sup>(34)</sup>

In a *multi-well* case, a relaxational trajectory from an external saddle may relax into a well different from an initial one. Then an optimal path qualitatively differs from that one in a single-well case. Some important results on optimal paths in this case and on action along them were obtained in ref. 26. However, apart from these results were obtained in a

different context and by a method different from ours, they provided only a general type of a solution of the problem for the path while the further analysis was far not complete and based mostly on intuitive ideas rather than on a rigorous treatment: just an absence of such treatment gave rise to the encountered by authors of ref. 26 difficulties at numerical calculations.

In contrast, a *complete rigorous analysis* of optimal paths and action along them is provided in the present work which has allowed in particular to find characteristic nontrivial features of an evolution of a direct escape rate (such as  $\alpha_{13}$ ) as friction  $\Gamma$  varies: unlike a conventional quasi-stationary flux, it may depend on  $\Gamma$  exponentially sharply, moreover, it may undergo oscillations in the range of small  $\Gamma$  and a cutoff at  $\Gamma$  exceeding certain value from the moderate-to-high friction range. The results for an escape flux are generalized for inter-attractor transitions in multi-well stable potentials, as well as applications to various other problems are discussed.

For a convenience of readers, quite detailed description of a contents of each section of this quite long paper is provide below.

A short Section 2 has mostly an introductory aim, presenting a general description of a transition/escape flux in a multi-attractor system by means of master equations. The only novelty in this section is an introduction of a *splitting procedure* allowing to resolve transitions by numbers of returns from a final state.

The main part of the paper is concentrated in Section 3 which concerns escape/transition rates and related optimal paths in potential systems driven by a weak white noise and by a linear friction of an arbitrary magnitude. The sub-section 3.1 provides some very general estimations and conclusions based on the property of detailed balance. The sub-section 3.2 presents in a general form a solution of the variational problem for the most probable direct transition path (MPDTP) for an arbitrary potential U(q) and an arbitrary friction parameter  $\Gamma$ . Main results of this sub-section are equivalent to the results of ref. 26 (obtained by a different method and in a different context). The central and the largest part of the paper is the sub-section 3.3: it presents the most interesting and non-trivial results of the paper. It consists of three parts. In the first part, 3.3.1, I formulate and prove 4 theorems which cover all possible types of MPDTPs relevant to the generalized Kramers problem (cf. Fig. 1). The second part, 3.3.2, concerns action S (related to  $\alpha_{13}$ ) and illustrates its main features at some typical example, presenting an evolution of action as  $\Gamma$  varies. Finally, in the third part, 3.3.3, explicit asymptotic expressions for action and MPDTP are derived for the underdamped range (they describe in particular oscillations of  $S(\Gamma)$ ).

Section 4 discusses briefly applications to various problems: inter-well transition rates in a 3-well stable potential, dynamics of an escape/transition

flux on time-scales less or of the order of the time of a formation quasiequilibrium within an initial well, prehistory problem, optimal control of fluctuations, fluctuational transport in ratchets, escapes at a periodic driving and transitions in biased Josephson junctions and ionic channels.

A summary and acknowledgements are presented in *Sections 5* and *6* respectively.

Appendix A illustrates the splitting procedure by an explicit description of higher-order partial probability fluxes in multi-stable systems. Appendix B describes the reduction of the Euler–Poisson equation for the MPDTP to some much more simple one. Appendix C analyses a possibility to sew together different extremals (solutions of the variational problem). Appendix D deals with the analysis of singularities in the solutions of the variational problem.

## 2. PHENOMENOLOGICAL DESCRIPTION OF TRANSITIONS IN MULTI-STABLE SYSTEMS

Let us consider a dynamical system possessing more than one attractor. If a weak noise is added then one may formulate a problem of a fluctuational transition from a vicinity of a given initial attractor to a given final state which, generally speaking, may not belong to a basin of attraction of the initial attractor. It was shown in ref. 11 in a general form that, on a large time-scale, such system may be considered as a finite Markov chain in which an initially populated state corresponds to a given initial attractor of the dynamical system, a final state corresponds to a given final state of the transition while other states correspond to other attractors of the dynamical system. The possibility for this is provided by that fact that a duration of an optimal fluctuation is exponentially smaller than a waiting time of such fluctuation. This allows to describe the dynamics in terms of transition rates and populations of attractors satisfying certain differential master equations.

For the sake of simplicity and clarity, we shall consider further, unless otherwise specified, the case when only 3 states are involved: an initial, final and one intermediate state—i.e., we shall consider a transition either from one of attractors of a bistable system to a non-attractor, or between attractors in a system possessing 3 attractors. The generalization to a larger number of involved attractors is not difficult though the resulting expressions are more cumbersome.

It will be assumed further in this section that rates of direct transitions between the states,  $\alpha_{ij}$ , are known (for potential systems subject to white noise and linear friction, such rates will be calculated with a logarithmic accuracy in Section 3).

## 2.1. Splitting Procedure and First-Passage Flux

Let us introduce a probability of that the 3-state system being initially at the state 1 arrives at the state 3 during an infinitesimal interval  $[t, t+dt]: dP(1 \rightarrow 3, t)$ . Equivalently, one may consider a probability flux

$$J(1 \to 3, t) = \frac{dP(1 \to 3, t)}{dt}$$
(2.1)

The flux can be easily expressed via the populations  $W_i$  of the states and corresponding direct transition rates:

$$J(1 \to 3, t) = \alpha_{13} W_1 + \alpha_{23} W_2 \tag{2.2}$$

while the population obey conventional master equations:<sup>(35)</sup>

$$\frac{dW_i}{dt} = -W_i \sum_{j \neq i} \alpha_{ij} + \sum_{j \neq i} W_j \alpha_{ji},$$
  
 $i, j = 1, 2, 3$   
 $W_1(0) = 1, \quad W_2(0) = 0, \quad W_3(0) = 0$ 
(2.3)

which can be easily solved.

In the most of applications, a final state of a transition is some attractor and its vicinity rather than just some point in a phase space of a dynamical system. In this case, rates of transitions *from* the final state may be of the same order or larger than rates of transitions *into* the final state. Hence, the flux (2.1) accounts both for those realizations in which the system visits the final state at a given instant t for the first time and for those ones in which it already visited this state before t. In many cases, one does need to resolve such transitions: for example, in the *mean first passage time* problem, one needs to account only for first-time transitions into 3 while, in a prehistory problem, one needs to know the prehistory of the transition, in particular how many times the system visited the state 3 before to arrive at it at the instant t. Then, one needs to split the probability flux into the corresponding partial fluxes

$$J(1 \to 3, t) = \sum_{n=1}^{\infty} J^{(n)}(1 \to 3, t)$$
 (2.4)

where  $J^{(n)}(1 \rightarrow 3, t)$  corresponds to such transition at which the system visited the state 3 (n-1) times before to arrive at it for the *n*th time at the instant *t*.

In order to be able to calculate  $J^{(n)}(1 \rightarrow 3, t)$  one needs to introduce *partial populations* of states 1, 2, and 3,  $W_1^{(n)}$ ,  $W_2^{(n)}$ , and  $W_3^{(n)}$  respectively. Unlike conventional populations, these quantities satisfy the following condition: they account only for such realizations of noise at which the system entered the final state (i.e., the state 3) before a current instant t n-1 times. Obviously,  $W_i^{(n)}$  satisfy the sum relation

$$W_{i} = \sum_{n=1}^{\infty} W_{i}^{(n)}$$
(2.5)

I shall consider further in this Section only the most important partial flux,  $J^{(1)}$ . Note that, in the generalized Kramers problem, escape flux is equal to  $J^{(1)}$  identically. Thus the consideration below is equally relevant to stable and to metastable systems (in the latter case, a term "state 3" means a state far beyond a metastable part of the system). The higher-order fluxes in a stable system are considered in the Appendix A.<sup>4</sup>

The dynamics of the first-order partial populations is governed with the following master equations:<sup>5</sup>

$$\frac{dW_1^{(1)}}{dt} = -(\alpha_{12} + \alpha_{13}) W_1^{(1)} + \alpha_{21} W_2^{(1)}$$

$$\frac{dW_2^{(1)}}{dt} = \alpha_{12} W_1^{(1)} - (\alpha_{21} + \alpha_{23}) W_2^{(1)}$$

$$W_1^{(1)}(0) = 1, \qquad W_2^{(1)}(0) = 0$$
(2.6)

The system (2.6) is solved explicitly:

$$\vec{W}^{(1)} \equiv \begin{pmatrix} W_1^{(1)} \\ W_2^{(1)} \end{pmatrix} = \begin{pmatrix} \alpha_1 \\ \alpha_2 \end{pmatrix} e^{-t/t_l} + \begin{pmatrix} 1 - \alpha_1 \\ - \alpha_2 \end{pmatrix} e^{-t/t_s},$$

$$\alpha_1 = (d - \alpha_{12} - \alpha_{13} + \alpha_{21} + \alpha_{23})/(2d), \qquad \alpha_2 = \alpha_{12}/d,$$

$$t_l = \frac{2}{\alpha_{12} + \alpha_{13} + \alpha_{21} + \alpha_{23} - d}, \qquad t_s = \frac{2}{\alpha_{12} + \alpha_{13} + \alpha_{21} + \alpha_{23} + d},$$

$$d \equiv \sqrt{(\alpha_{12} + \alpha_{13} - \alpha_{21} - \alpha_{23})^2 + 4\alpha_{12}\alpha_{21}}$$
(2.7)

<sup>4</sup> The splitting procedure is valid in particular for the simplest (and most frequently exploited) interattractor transition problem—in a bistable system. For the first-passage problem, the procedure does not lead in this case to new results since the first-passage problem in a bistable system is equivalent to an escape problem, which was solved before. However the results for higher-order-passage problems are non-trivial which is also demonstrated in the Appendix A.

<sup>5</sup> The partial population  $W_3^{(1)}(t) \equiv 0$ , as it follows from its definition.

There are two time-scales in  $\vec{W}^{(1)}(t)$  which are very different, in many cases: the short time  $(t_s)$  corresponds typically (though not always) to an establishment of a quasistationary distribution between states 1 and 2 while the long time  $(t_l)$  corresponds typically to an escape from the system of states 1 and 2 on the whole.

Knowing  $\vec{W}^{(1)}$ , one can obtain all physical quantities which could be of interest in the first-passage problem.

First of all, it is a flux of first passages,  $J^{(1)}$ ,<sup>6</sup>

$$J^{(1)} \equiv \alpha_{13} W_1^{(1)} + \alpha_{23} W_2^{(1)} = \alpha_{13} e^{-t/t_s} + (\alpha_{13} \alpha_1 + \alpha_{23} \alpha_2) (e^{-t/t_l} - e^{-t/t_s})$$
(2.8)

The term  $\alpha_{13} \exp(-t/t_s)$  dominates at the initial stage while only the term  $\propto \exp(-t/t_l)$  remains in the long-time scale.

It is worth to point out that, at the condition

$$\beta \equiv \frac{\alpha_{13}}{\alpha_{13}\alpha_1 + \alpha_{23}\alpha_2} < 1 \tag{2.9}$$

the flux is a non-monotonic function of time: it increases from  $\alpha_{13}$  at t = 0 to

$$J_{m} = (\alpha_{13}\alpha_{1} + \alpha_{23}\alpha_{2}) \left[ \frac{t_{l}}{t_{s}} \beta \right]^{t_{s}/(t_{l} - t_{s})} \left( 1 - (1 - \beta) \left[ \frac{t_{l}}{t_{s}} (1 - \beta) \right]^{-(t_{l} + t_{s})/(t_{l} - t_{s})} \right)$$
(2.10)

at

$$t \equiv t_m = \frac{t_s}{1 - t_s/t_l} \ln\left[\frac{t_l}{t_s} \left(1 - \beta\right)\right]$$
(2.11)

and then decreases to zero as t becomes much larger  $t_l$ . If

$$t_s \ll t_l \tag{2.12}$$

<sup>6</sup> It will be meant by *flux* everywhere further in the text just  $J^{(1)}$ , unless it is specified otherwise. Note that, for any system,  $J^{(1)}$  and a conventional flux coincide at an initial instant while, in the Kramers problem, i.e., for an escape from a metastable potential, they coincide at any time.

which is true in a majority of cases (a quasi-stationary distribution is being established much quicker than a transition to a final state occurs), then (2.10), (2.11) are simplified:

$$J_m = \alpha_{13}\alpha_1 + \alpha_{23}\alpha_2, \qquad t_m = t_s \ln\left\lfloor \frac{t_l}{t_s} (1 - \beta) \right\rfloor, \qquad t_s \ll t_l \qquad (2.13)$$

In the context of prehistory experiments<sup>(34)</sup> and optimal control of fluctuational transitions,<sup>(23, 24)</sup> it is important to know from which of attractors most probable the system arrives at a final attractor for the first time. The ratio of the corresponding integral probabilities

$$R \equiv \frac{\int_{0}^{\infty} dt \,\alpha_{13} \,W_{1}^{(1)}}{\int_{0}^{\infty} dt \,\alpha_{23} \,W_{2}^{(1)}} = \frac{\alpha_{13}(\alpha_{1} t_{l} + (1 - \alpha_{1}) \, t_{s})}{\alpha_{23}\alpha_{2}(t_{l} - t_{s})}$$
$$= \frac{\alpha_{13}(\alpha_{21} + \alpha_{23}) \,\sqrt{(\alpha_{12} + \alpha_{13} - \alpha_{21} - \alpha_{23})^{2} + 4\alpha_{12}\alpha_{21}}}{\alpha_{23}\alpha_{12}(\alpha_{12} + \alpha_{13} + \alpha_{21} + \alpha_{23})}$$
(2.14)

One more important characteristic of the transition is a mean first passage time<sup>7</sup>

$$MFPT \equiv \int_{0}^{\infty} dt \ t(\alpha_{13} W_{1}^{(1)} + \alpha_{23} W_{2}^{(1)})$$
  
=  $\alpha_{13}(\alpha_{1} t_{l}^{2} + (1 - \alpha_{1}) t_{s}^{2}) + \alpha_{23} \alpha_{2}(t_{l}^{2} - t_{s}^{2})$   
=  $\frac{\alpha_{12} + \alpha_{21} + \alpha_{23}}{\alpha_{21} \alpha_{13} + \alpha_{12} \alpha_{23} + \alpha_{13} \alpha_{23}}$  (2.15)

## 2.2. Limit Cases

It is useful to analyze three quite typical limit cases.

1.

$$\alpha_{13} \ll \alpha_{12}, \qquad \alpha_{23} \ll \alpha_{21} \tag{2.16}$$

As a simple illustration, one can bear in mind a potential system shown in Fig. 2 (cf. also Fig. 4).

<sup>&</sup>lt;sup>7</sup> The formula (2.15) can be also considered as a partial case of a more general formula given in ref. 11.

In the case when (2.16) is satisfied,

$$\alpha_1 \approx \frac{\alpha_{21}}{\alpha_{12} + \alpha_{21}}, \qquad \alpha_2 \approx \frac{\alpha_{12}}{\alpha_{12} + \alpha_{21}}, \qquad t_s \approx \frac{1}{\alpha_{12} + \alpha_{21}}, \qquad t_l \approx \frac{\alpha_{12} + \alpha_{21}}{\alpha_{21}\alpha_{13} + \alpha_{12}\alpha_{23}}$$
(2.17)

Correspondingly,

$$J \approx \alpha_{13} e^{-t(\alpha_{12} + \alpha_{21})} + \frac{\alpha_{21}\alpha_{13} + \alpha_{12}\alpha_{23}}{\alpha_{12} + \alpha_{21}} \left( e^{-t(\alpha_{21}\alpha_{13} + \alpha_{12}\alpha_{23})/(\alpha_{12} + \alpha_{21})} - e^{-t(\alpha_{12} + \alpha_{21})} \right)$$
(2.18)

The condition (2.12) is obviously satisfied if (2.16) holds true. Correspondingly, if the inequality (2.9), which is very simplified in this limit,

$$\alpha_{13} < \alpha_{23} \tag{2.19}$$

is satisfied then  $J^{(1)}(t)$  is non-monotonic: it has a maximum at

$$t_{m} \approx \frac{1}{\alpha_{12} + \alpha_{21}} \ln \left[ \frac{\alpha_{13}(\alpha_{12} + \alpha_{21})^{3}}{(\alpha_{21}\alpha_{13} + \alpha_{12}\alpha_{23})^{2}} \right],$$

$$J_{m} \approx \frac{\alpha_{21}\alpha_{13} + \alpha_{12}\alpha_{23}}{\alpha_{12} + \alpha_{21}}$$
(2.20)

The condition (2.19), providing an increase of  $J^{(1)}(t)$  at an initial stage, is quite clear: if  $\alpha_{23} > \alpha_{13}$  then the flux should increase as the population of the state 2 grows.

The expression for R, indicating a state from which most probable the system arrives at a final point, also becomes in the limit (2.16) very simple:

$$R = \frac{\alpha_{21}\alpha_{13}}{\alpha_{12}\alpha_{23}} \tag{2.21}$$

It is just an established at  $t \sim t_s$  ratio of populations in 1 and 2 multiplied by the ratio of the corresponding rates of transitions to 3.

At last,

$$MFPT = \frac{\alpha_{12} + \alpha_{21}}{\alpha_{21}\alpha_{13} + \alpha_{12}\alpha_{23}} \approx t_l$$
(2.22)

2.

$$\alpha_{13} \ll \alpha_{12}, \qquad \alpha_{21} \ll \alpha_{23} \ll \alpha_{12} \tag{2.23}$$

An illustration of this limit could be a potential system shown in the Fig. 3(a). In the case when (2.23) is satisfied,

$$\alpha_1 \approx \frac{\alpha_{21}}{\alpha_{12}}, \quad \alpha_2 \approx 1, \quad t_s \approx \frac{1}{\alpha_{12}}, \quad t_l \approx \frac{1}{\alpha_{23}}$$
(2.24)

Correspondingly,

$$J^{(1)} \approx \alpha_{13} e^{-\alpha_{12}t} + \alpha_{23} (e^{-\alpha_{23}t} - e^{-\alpha_{12}t})$$
(2.25)

The condition for a non-monotonicity  $J^{(1)}$  coincides with (2.19). The expression for *R* and *MFPT* are respectively

$$R \approx \frac{\alpha_{13}}{\alpha_{12}} \ll 1, \qquad MFPT \approx \alpha_{23}^{-1} \approx t_l \tag{2.26}$$

3.

$$\alpha_{21} \ll \alpha_{23} \ll \alpha_{12} \ll \alpha_{13} \tag{2.27}$$

For an example, see Fig. 3(b). In this case,

$$\alpha_1 \approx \frac{\alpha_{12}\alpha_{21}}{\alpha_{13}^2}, \quad \alpha_2 \approx \frac{\alpha_{12}}{\alpha_{13}}, \quad t_s \approx \frac{1}{\alpha_{13}}, \quad t_l \approx \frac{1}{\alpha_{23}} \quad (2.28)$$

Correspondingly,

$$J^{(1)} \approx \alpha_{13} e^{-\alpha_{13}t} + \frac{\alpha_{12}\alpha_{23}}{\alpha_{13}} \left( e^{-\alpha_{23}t} - e^{-\alpha_{13}t} \right)$$
(2.29)

The flux (2.29) monotonically decreases: first, for a short time  $\sim t_s$ , from a large value  $\alpha_{13}$  to a small value  $\alpha_{12}\alpha_{23}/\alpha_{13}$ , and then, for a long time  $\sim t_l$ , to zero. There is, however, such paradox. From one side, the system transits to 3 most probable, obviously, via the "direct" route (which is characterized by the short time scale  $t_s$ ):

$$R \approx \frac{\alpha_{13}}{\alpha_{12}} \gg 1 \tag{2.30}$$

so that one could expect that MFPT is equal to  $t_s$ . However it is not so:

$$MFPT \approx \frac{\alpha_{12}}{\alpha_{13}\alpha_{23}} \gg t_s \approx \frac{1}{\alpha_{13}}$$
(2.31)

The physical reason is that, although the probability for a system to come to 2 before to get into 3 is small (namely  $\alpha_{12}/\alpha_{13}$ ), the time which it spends in 2 is very large ( $\sim \alpha_{23}^{-1}$ ), so that the contribution into the MFPT is larger than that one from realizations corresponding to the direct transition, notwithstanding an overwhelming probability of the latter. Note also that *MFPT* is not equal to  $t_1$  either.

## 3. TRANSITION RATES. POTENTIAL SYSTEMS

As it follows from Section 2, a transition problem in a multi-stable system driven by weak noise can be described in terms of direct transition rates and, therefore, the most fundamental task for a theory in the context of a transition problem is to calculate transition rates. We shall consider in this section such rates in potential systems. But, first, let us review briefly the concept of *large fluctuation* in general. With this aim, we write in a path-integral representation<sup>(13)</sup> a transition probability density in a space of dynamical variables:

$$\alpha_{\rm tr}(x_{\rm f}, t_{\rm f}; x_{\rm i}, t_{\rm i}) = \int_{x(t_{\rm i}) = x_{\rm i}} Df(t) \, \mathrm{P}[f(t)] \, \delta(x(t_{\rm f}) - x_{\rm f}) \tag{3.1}$$

where  $x_f$  and  $x_i$  are respectively final (at  $t = t_f$ ) and initial (at  $t = t_i$ ) values of dynamical variables (many-dimensional, generally speaking) while P[f(t)] is a functional characterizing a probability density of a given noise realization f(t). The dependence of P on noise intensity  $D_{noise}$  is usually of the activation-like type:<sup>(13)</sup>

$$\mathbf{P}[f(t)] = \frac{1}{Z} e^{-\tilde{s}[f]/D_{\text{noise}}}$$
(3.2)

where Z is a normalization factor.

In particular, for a *white* noise,<sup>(13)</sup>

$$\tilde{S}[f] = \frac{1}{2} \int_0^t d\tau f^2(\tau)$$
(3.3)

Transforming from noise variables to dynamical variables (using Langevin equations: c.f. for example Eq. (3.6)), we derive

$$\alpha_{\rm tr} = \int_{x(t_{\rm f}) = x_{\rm f}}^{x(t_{\rm f}) = x_{\rm f}} Dx(t) J_{f \to x}(x) \frac{1}{Z} e^{-\tilde{\tilde{s}}[x]/D_{\rm noise}}$$
(3.4)

where  $J_{f \to x}$  is a Jacobian of the transformation  $\{f \to x\}$  while  $\tilde{\tilde{S}}[x(t)] \equiv \tilde{S}[f(t)]$ .

If we consider only a *direct* transition, i.e., a transition which does not follow an intermediate attractor<sup>8</sup> then it follows from (3.4) that

$$\alpha_{\rm tr}^{\rm (direct)} = \alpha_{\rm pre} e^{-S_{\rm min}^{\rm (direct)}/D_{\rm noise}}$$
(3.5)

where  $S_{\min}^{(\text{direct})} \equiv \tilde{S}[x_{\text{opt}}(t)]$  is a minimum of the functional  $\tilde{S}[x]$  among all trajectories providing a *direct* transition while  $\alpha_{\text{pre}}$  is a preexponential factor which depends on noise intensity relatively weakly.

A direct transition rate (1.3) and a direct transition probability density (3.5) are closely related so that activation-like factors in them obviously coincide. It is usually most important for a theory of a direct transition rate to determine just the most strong, exponential, factor<sup>9</sup> in  $\alpha_{tr}$ , i.e., to find  $S_{\min}^{(direct)}$ . The problem for a minimum of a functional is a well defined mathematical problem. However it is very difficult (in a majority cases impossible) to obtain its solution in an explicit form while a purely numerical solution does not allow to come to general conclusions on characteristic features of solutions and, besides, it consumes a lot of computer time. That is why each explicit solution is very valuable especially if it reveals non-trivial features. An important class of systems for which an explicit (or at least partly explicit) solution of the transition problem is possible are potential systems subject to linear friction and white noise:

$$\ddot{q} + \Gamma \dot{q} + dU/dq = f(t),$$

$$\langle f(t) \rangle = 0, \quad \langle f(t) f(t') \rangle = D_{\text{noise}} \,\delta(t - t'), \quad D_{\text{noise}} \equiv 2\Gamma T$$
(3.6)

where T has a meaning of temperature.

Apart from that such model has numerous applications in physics, chemistry, engineering, etc. (see, e.g., refs. 5, 6, and 36), it is distinguished

<sup>&</sup>lt;sup>8</sup> If a path which provides a minimum of  $\tilde{S}[x(t)]$  does follow an intermediate attractor then, unlike  $\alpha_{pre}$  in (3.5), a "preexponential" factor depends on  $D_{noise}$  also activation-like because a system stays in an intermediate attractor during a period whose characteristic duration depends on  $D_{noise}$  activation-like so that a portion of trajectories contributing into  $\alpha_{tr}$  also depends on  $D_{noise}$  activation-like. At the same time, as it has been mentioned in Sections 1 and 2, a transition which follows an intermediate attractor should be described as a succession of transitions like in a corresponding Markov chain<sup>(11)</sup> so that such paths are not relevant to *direct transition rates*.

<sup>&</sup>lt;sup>9</sup> The theoretical problem of a pre-factor is usually yet more complicated than the problem of an exponential factor. However, allowing for a comparatively weak dependence on noise intensity, a pre-factor may be put a phenomenological constant in a wide range of transition rates.

from others by the property of *detailed balance*.<sup>(36)</sup> Some general consequences of the detailed balance in potential (generally, multi-well) systems are analysed below in sub-section 3.1. A reduction of a general variational problem for a minimal action to some much more simple problem is presented in sub-section 3.2 while a major part of the paper is concentrated in sub-section 3.3 which is devoted to an application of general results to transitions from a stationary attractor and particularly to a *generalized Kramers problem*.

## 3.1. Detailed Balance

Basing on the property of the detailed balance, let us show that transition rates between states which are not connected by a relaxational trajectory contain a small multiplier, in addition to the conventional factor  $\exp(-\Delta E/T)$  where  $\Delta E$  is a difference between final and initial energies, if the former is larger than the latter, or zero otherwise.

The property of the detailed balance reads for the system  $(3.6)^{(36)}$ 

$$W_{\rm st}(1) \,\alpha_{\rm tr}(1 \to 2) = W_{\rm st}(2) \,\alpha_{\rm tr}(2^* \to 1^*) \tag{3.7}$$

where  $W_{\rm st}$  is a stationary probability density, which is Gibbsian<sup>(36)</sup>

$$W_{\rm st} \propto \exp\left(-\frac{E}{T}\right), \qquad E = \dot{q}^2/2 + U(q)$$
(3.8)

 $\alpha_{tr}(i \rightarrow j)$  is a rate for a transition from a state *i* to a state *j*, and the star \* means that a conjugate state *i*\* has the same coordinate as *i* but an opposite velocity.

In the case when there is a relaxational trajectory from  $2^*$  to  $1^*$ ,  $\alpha_{tr}(2^* \rightarrow 1^*)$  is of the order of 1, up to a logarithmic accuracy, because the noise is not necessary for such transition and the action (3.3) is equal to zero. Then it follows from (3.7), (3.8) that

$$\alpha_{tr}(1 \to 2) \sim e^{-[E(2) - E(1)]/T}, \qquad 2^* \xrightarrow{\text{rel}} 1^* \tag{3.9}$$

It can be shown that a conventional time-reversal of a relaxational trajectory provides the equality of the action functional  $\tilde{S}/(2\Gamma)$  just to the difference of energies, thus indicating that it is just the most probable direct transition path (cf., e.g., ref. 26).

The Eq. (3.9) is relevant, e.g., to a conventional (single-well) Kramers problem: states 1 and 2 correspond then to the bottom of the well and to the top of the barrier respectively.

If, on the contrary,  $2^*$  and  $1^*$  are not connected by a relaxational trajectory then  $\alpha_{tr}(2^* \rightarrow 1^*)$  is exponentially small (if temperature is small enough) because some finite noise is necessary in order to get from  $2^*$  to  $1^*$  and hence the action (3.3) is non-zero:

$$\alpha_{tr}(2^* \to 1^*) \sim e^{-\Delta S/T}, \qquad T \ll \Delta S, \qquad 2^* \xrightarrow{rel} 1^*$$
(3.10)

Then it follows from (3.7), (3.8), (3.10) that

$$\alpha_{\rm tr}(1 \to 2) \sim e^{-(E(2) - E(1) + \Delta S)/T}, \qquad T \ll \Delta S, \qquad 2^* \not\to 1^* \tag{3.11}$$

Even if we do not know a concrete value  $\Delta S$ , we can carry out a qualitative (and, partly, even quantitative) analysis based on Eqs. (3.10), (3.11) and results of Section 2.

Let us consider as an example the problem of a first passage from 1 to 3 in a potential shown in Fig. 2. Within a logarithmic accuracy, it is equivalent to the problem of a first passage from 1 to  $S_2$ .

For the case shown on Fig. 2(a), a noise-free trajectory from  $S_2$  goes into 2. Hence,

$$\alpha_{23} \sim e^{-(U_{S_2} - U_2)/T}, \qquad \alpha_{13} \sim e^{-(U_{S_2} - U_1 + \Delta S)/T}$$
(3.12)

Allowing also for

$$\alpha_{12} \sim e^{-(U_{S_1} - U_1)/T}, \qquad \alpha_{21} \sim e^{-(U_{S_1} - U_2)/T}$$
(3.13)

and for the hierarchy of energies

$$U_2 < U_1 < U_{S_1} < U_{S_2}, \tag{3.14}$$

this case corresponds to the limit case (1) considered in Section 2 and Eqs. (2.16)–(2.22) hold true. In particular,

$$R = \frac{\alpha_{21}\alpha_{13}}{\alpha_{12}\alpha_{23}} \sim e^{-\Delta S/T} \ll 1, \qquad MFPT = \frac{\alpha_{12} + \alpha_{21}}{\alpha_{12}\alpha_{23} + \alpha_{21}\alpha_{13}} \sim e^{-(U_{S_2} - U_2)/T}$$
(3.15)  
$$S_2 \xrightarrow{\text{rel}} 2$$

Similarly, for the case shown on Fig. 2(b) which differs from that one on Fig. 2(a) only by friction so that the relaxational trajectory from  $S_2$  goes into the well 1,

$$R \sim e^{\Delta S/T} \gg 1$$
,  $MFPT \sim e^{-(U_{S_2} - U_2)/T}$ ,  $S_2 \xrightarrow{\text{rel}} 1$  (3.16)



Fig. 2. Energy-coordinate plane. The solid line shows a 3-well potential U(q) (numbers indicate attractors, dots indicate saddles) while the dashed line shows a relaxational (noise-free) trajectory emanating from the saddle  $S_2$  to the left. Figures (a) and (b) demonstrate a consequence of the saddle connection  $S_2 \xrightarrow{\text{rel}} S_1$ : a switching (as friction varies) of an attractor from which a direct transition rate is determined by the Arrhenius factor.

Thus, the system chooses in any case the "easiest" way—the "direct" route if the relaxational trajectory  $S_2 \xrightarrow{\text{rel}} 1$  exists or the "successive" route if it does not—so that, within a logarithmic accuracy, *MFPT* does not depend on friction and the "activation energy" in the expression for *MFPT* is equal in both cases to the energy difference between a top of the highest barrier and a bottom of the deepest (among 1 and 2) well.



Fig. 3. Energy-coordinate plane. The solid line shows a 3-well potential U(q) (numbers indicate attractors, dots indicate saddles) while the dashed line shows a relaxational (noise-free) trajectory emanating from  $S_1$  to the right. Figures (a) and (b) demonstrate a consequence of the saddle connection  $S_2 \xrightarrow{\text{rel}} S_1$ : a switching (as friction varies) of a saddle through which a fluctuational transition into the attractor 3 occurs if the initially occupied attractor is 1.

The cases shown on Figs. 3(a) and (b), correspond respectively to the limit cases (2) and (3) in Section 2. The analysis similar to that one for Fig. 2 shows that, unlike the case (a), *MFPT* in the case (b) essentially depends on  $\Delta S$ :

$$MFPT \sim e^{(U_{S_2} - U_2 - \Delta S)/T}, \qquad \Delta S < U_{S_2} - U_2, \qquad S_1 \xrightarrow{\text{rel}} 3 \qquad (3.17)$$

And obviously, in all cases,  $\Delta S$  determines a flux at an "initial" (but still exponentially long) stage. For many other problems, e.g., an optimal control of fluctuations and a directed diffusion in periodically driven ratchets (see Section 4), one needs to know, apart from action, the most probable direct transition path *MPDTP*. The rest of Section 3 is devoted to the derivation of the *MPDTP* and to the calculation action along it.

## 3.2. General Solution of the Variational Problem

In order to find  $S_{\min}^{(\text{direct})}$  for a direct transition between some given states,  $i \rightarrow j$ , one needs to express f(t) via dynamical variables from (3.6), to substitute it into the action functional  $\tilde{S}[f]$  (3.3) and then to find such trajectory q(t) which provides a minimum of  $S[q] \equiv \tilde{S}[f]/(2\Gamma)$  among all direct trajectories:

$$S_{\min} = \min(S), \qquad S = \int_0^{t_{tr}} dt L(q, \dot{q}, \ddot{q}), \qquad L = \frac{1}{4\Gamma} \left( \ddot{q} + \Gamma \dot{q} + dU/dq \right)^2$$
(3.18)

where it is assumed that q(t) does not follow intermediate attractors while

$$\begin{pmatrix} q(0) \\ \dot{q}(0) \end{pmatrix} = i, \qquad \begin{pmatrix} q(t_{tr}) \\ \dot{q}(t_{tr}) \end{pmatrix} = j$$
(3.19)

and a duration of the transition  $t_{tr}$  should be varied too, in order to minimize S.

The necessary condition for the extremum of a functional is an equality of its variation to zero. In the case of the functional (3.18), it is reduced to the Euler-Poisson equation,<sup>(37)</sup> for q(t) possessing finite derivatives up to the 4th order:

$$\frac{\partial L}{\partial q} - \frac{d}{dt} \left( \frac{\partial L}{\partial \dot{q}} \right) + \frac{d^2}{dt^2} \left( \frac{\partial L}{\partial \ddot{q}} \right) = 0$$
(3.20)

with the boundary conditions (3.19).

In order to minimize S over  $t_{tr}$  one needs to equal the derivative to zero:

$$\frac{\partial S}{\partial t_{tr}} = 0 \tag{3.21}$$

Substituting S (3.18) into (3.21), carrying out an integration by parts twice and using (3.20), one can derive the equivalent condition:<sup>(37)</sup>

$$\tilde{E} = 0, \qquad \tilde{E} \equiv -L + \left(\frac{\partial L}{\partial \dot{q}} - \frac{d}{dt} \left(\frac{\partial L}{\partial \ddot{q}}\right)\right) \dot{q} + \frac{\partial L}{\partial \ddot{q}} \ddot{q} \qquad (3.22)$$

Here,  $\tilde{E}$  is analogous to mechanical energy<sup>(38)</sup> and is conserved at a solution of (3.20).

Let us seek the solution  $q_{opt}(t)$  of the Euler-Poisson equation (3.20) with boundary conditions (3.19) as a time-reversal of a solution of such equation

$$\ddot{q} + \Gamma'(t) \, \dot{q} + dU/dq = 0$$

$$\begin{pmatrix} q(0) \\ \dot{q}(0) \end{pmatrix} = j^*, \qquad \begin{pmatrix} q(t_{tr}) \\ \dot{q}(t_{tr}) \end{pmatrix} = i^*$$

$$q_{opt}(t) = q(t_{tr} - t)$$
(3.23)

where  $\Gamma'(t)$  is so far unknown, a constant  $t_{tr}$  is so far arbitrary and will be determined later from the condition (3.22), and a star \* has the same meaning as in (3.7).

Note that there is no danger to miss a true solution of the variational problem when we use the representation (3.23). Indeed, assume that we know a true solution  $q_{true}(t)$  (with a transition time  $t_{true}$ ). Then, a function  $q(t) = q_{true}(t_{true} - t)$  satisfies (3.23) if

$$\Gamma'(t) = -\frac{\ddot{q}_{\text{true}}(t_{\text{true}}-t) + dU(q_{\text{true}}(t_{\text{true}}-t))/dq_{\text{true}}(t_{\text{true}}-t)}{\dot{q}_{\text{true}}(t_{\text{true}}-t)}, \quad t_{tr} = t_{\text{true}}$$
(3.24)

so that  $q_{opt}(t) = q_{true}(t)$ , i.e.,  $q_{true}(t)$  is necessarily among solutions of the type (3.23).

Of course, one could seek a solution of the Euler–Poisson equation using a different representation but it is just the representation (3.23) which allows to reduce the complicated 4th-order differential equation (3.20) to a much more simple equation. Indeed, putting  $q_{opt}(t)$  (3.23) into the Euler– Poisson equation (3.20) with the Lagrange function L (3.18) one can derive, after some transformations (see the Appendix B),

$$\phi \frac{d^2 q}{dt^2} + \frac{1}{2} \frac{d\phi}{dt} \frac{dq}{dt} = 0, \qquad \phi \equiv \frac{(\Gamma')^2 - \Gamma^2}{2} - \frac{d\Gamma'}{dt}$$
(3.25)

where  $q \equiv q(t)$  is assumed to obey (3.23). The equation (3.25) has solutions of three types:

(1) 
$$\phi = 0$$
  
(2)  $\frac{dq}{dt} = 0$  (3.26)  
(3)  $\phi \left(\frac{dq}{dt}\right)^2 = C, \quad C \neq 0$ 

The second type, obviously, does not suit us because it cannot satisfy the conditions (3.19). The third type is not suitable either: it does not satisfy the condition for a minimization over a transition time (3.22). Indeed, if one substitutes into  $\tilde{E}$  (3.22) the Lagrange function L (3.18) with  $q_{opt}(t)$  (3.23) in which  $\Gamma'(t)$  satisfies the equation (3) in (3.26), one obtains (cf. the derivation Eq. (3.25) in Appendix B)

$$\tilde{E} = -\frac{C}{2\Gamma} \tag{3.27}$$

Thus, in order to satisfy both the Euler–Poisson equation (3.20) (together with the boundary conditions (3.19)) and the condition of zero quasi-energy  $\tilde{E}$  (3.22), one needs to choose in (3.26) the equation of the type (1). This equation can be solved explicitly:

$$\Gamma'(t) = \Gamma \frac{1 + Ae^{\Gamma t}}{1 - Ae^{\Gamma t}}$$
(3.28)

where a constant of integration A should be chosen so that the proper relaxation  $j^* \xrightarrow{\text{rel} A} i^* (3.23)$  takes place.<sup>10</sup>

<sup>10</sup> After the initial version of this paper had been prepared my attention was drawn to papers<sup>(39, 26)</sup> in which equations equivalent to (3.23), (3.28) were obtained from the Hamilton equations corresponding to the Lagrangian L (3.18), in a problem of a nonequilibrium potential which determined a quasi-stationary distribution (note that, in these papers, the auxiliary friction is written for a direct rather than time-reverse path so that their A corresponds to my  $-A \exp(\Gamma t_{tr})$ ). Apart from I obtain (3.23), (3.28) by a different method and in a different context, I advance in many important respects much more far than authors of refs. 39 and 26: (1) I prove that the type of a solution (3.23), (3.28) is the only type which can provide an extremum of action, as well as I prove that the MPDTP cannot be sewed from trajectories of the type (3.23), (3.28) with *different* A unless they are sewed in sadles (see Appendix C and the rest of the sub-section), (2) I provide a detailed analysis of an influence of the singularity in (3.28) at the MPDTP (see Appendix D), (3) unlike refs. 39 and 26, my analysis provides also a description of the MPDTP with a given (rather than just optimal) duration of the transition (see Eqs. (3.26.3), (3.27) and the item 3 in Section 4, see also ref. 10), (4) I apply the general solution to the generalized Kramers problem and provide a detailed rigorous analysis for the corresponding MPDTP and action (see sub-section 3.3), (5) I derive explicit expressions for action and the MPDTP in overdamped and underdamped regimes (see sub-sections 3.3.2 and 3.3.3 respectively), (6) I suggest various other applications of the general results (see Section 4).

If A < 0 then the function  $\Gamma'(t)$  (3.28) has a zero (in which  $\Gamma'$  changes its sign) at

$$t = t_0 \equiv \frac{1}{\Gamma} \ln\left(\frac{1}{|A|}\right) \tag{3.29}$$

If A > 0 then the function  $\Gamma'(t)$  (3.28) has a singularity (a pole of the first order) at

$$t = t_p \equiv \frac{1}{\Gamma} \ln\left(\frac{1}{A}\right) \tag{3.30}$$

Due to this, a velocity of the auxiliary system (3.23),  $\dot{q}$ , drops to zero at  $t = t_p$  while  $\Gamma'$  changes its sign.

At any sign of A,  $\Gamma'$  turns into  $-\Gamma$  as t grows to infinity,

$$\Gamma'(+\infty) = -\Gamma \tag{3.31}$$

The next important question is whether an *extremal* can be "sewed" from trajectories of the type (3.23), (3.28) with *different A*. Such sewing could seem natural since the Euler-Poisson equation would be satisfied everywhere except possibly the very sewing point. However it is proved in Appendix C that such sewing necessarily breaks the equality of the variation of the functional S (3.18) to zero (which is just a definition of an extremal) unless the sewing point is either a stationary point of the potential system,

$$dU/dq = 0, \qquad \dot{q} = 0$$
 (3.32)

or a turning point  $(\dot{q}=0)$  whose coordinate is a coordinate of a discontinuity dU/dq.

Taken that we are interested only by direct transitions, extremals which include attractors as sewing points are not relevant. For the sake of brevity, let us call the remaining extremals, i.e., extremals which *do not follow intermediate attractors as* direct *extremals*. A next step is to find that direct extremal (if it is) along which action is smaller than along any other direct extremal, i.e., to find the *most probable direct transition path* (*MPDTP*) if it is. The further analysis differs essentially for cases when (1) neither an initial nor final state of transition is a non-stationary (periodic) attractor while at least one of them is a stationary point, (2) one of the states is a periodic attractor, (3) neither of the states is neither a periodic attractor nor a stationary point. The case (3) is more of a formal rather than practical interest and will be discussed briefly in the end of this

sub-section. As concerns a periodic attractor which may exist in a tilted periodic potential,<sup>(36)</sup> a nonequilibrium potential (which is closely related to action) in the presence of such attractor was briefly analyzed in ref. 26. However the analysis of ref. 26 concentrated on a quasi-stationary distribution rather than on the transition problem and even that analysis was far from being complete. Some partial case was analysed numerically and by Monte-Carlo simulations in ref. 31. A consistent rigorous analysis of the associated variational problem is planned to be done by me elsewhere.

In the present paper, I shall consider mostly the case when i is a stationary attractor while j is a saddle: just this case is relevant to an escape from a multi-well metastable potential, i.e., to the *generalized Kramers problem* (cf. Figs. 1, 4), which is the main subject of the present paper, as well as to inter-attractor transitions in a stable multi-well potential (it does not matter for an exponential factor whether a final point is an attractor or a saddle from which a system may relax to this attractor noise-free).

## 3.3. Generalized Kramers Problem

For the sake of clarity and brevity, I restrict the analysis to the case when only two smooth adjacent potential wells are involved (see Fig. 4(a) as an illustration), namely let the following conditions are satisfied:

(1) a potential function U(q) possesses at least two adjacent parabolic local minima 1 and 2 and, apart from a local maximum  $S_1$  between 1 and 2, there is at least one more adjacent to it local maximum  $S_2$ ;

(2) in the energy-coordinate plane E-q, noise-free trajectories emanating from  $S_1$  go either into 1 or into 2 and do not pass above any local maximum of the curve E = U(q);

(3) (a) if  $U_{S_2} > U_{S_1}$  then the bit  $S_2O$ , where O is the nearest to  $S_2$  in the direction  $q(S_2) \rightarrow q(S_1)$  intersection of the horisontal line  $E = U_{S_2}$  with the curve E = U(q), lies above only one local maximum of the curve E = U(q), namely  $S_1$ ;

(b) if  $U_{S_2} < U_{S_1}$  then the bit  $S_1 O$ , where O is the nearest to  $S_1$  in the direction  $q(S_2) \rightarrow q(S_1)$  intersection of the horisontal line  $E = U_{S_1}$  with the curve E = U(q), does not lie above any local maximum;

(4) the initial state of the transition is 1 while the final one is  $S_2$ .

It should be emphasized that Fig. 4(a) is just an illustrating example while the consideration below is valid also in the case when  $S_2$  is adjacent



Fig. 4. Energy-coordinate (a) and phase (b) planes for the generalized Kramers problem. Thick solid lines show: (a) a potential curve  $E = U(q) \equiv 0.06(q+1.5)^2 - \cos(q)$  (potential of such type describes a r.f. SQUID<sup>(40-42)</sup>), (b) boundaries of basins of attraction. Dots indicate: (a) local maxima of the potential ( $S_1$  and  $S_2$ ), an intersection O of the horizontal line  $E = U_{S_2}$  (dash-dotted line) with the potential curve E = U(q), and an intersection I between trajectories  $S_2 \xrightarrow{\text{rel}} 2$  and  $2 \xrightarrow{A=0} S_1$ , (b) saddles  $S_1, S_2$ . Thin solid/dashed lines show the relaxational (for  $\Gamma = 0.045$ ) trajectories from  $S_1/S_2$ : the trajectory from  $S_2$  goes to the well 2. Thick dotted/ dashed line corresponds to the auxiliary relaxational trajectory (3.23), (3.28) with  $A = A_+/A = A_-$ . At the given  $\Gamma$ , the *MPDTP*  $1 \rightarrow S_2$  follows first the thin solid line  $1 \xrightarrow{A=0} S_1$  and then the dotted line  $S_1 \xrightarrow{A_2}$ .

to 1 rather than to 2 as well as when  $U_{S_2} < U_{S_1}$  (but the condition 2 above is still valid).

A generalization for a larger number of involved attractors is straightforward. In particular, a case of inter-attractor transitions in a 3-well potential (see Section 4) is immediately reduced to the case considered in the present sub-section.

**3.3.1. Most Probable Direct Transition Path.** First of all let us prove that if  $S_2$  belongs to a basin of attraction of 1 then the conventional time-reversal of the relaxational trajectory does provide an absolute minimum of action. Substituting  $q_{opt}(t)$  (3.23) into the action functional (3.18), we obtain

$$S_{\min} \equiv S_{\min}(1 \to S_2) = \frac{1}{4\Gamma} \int_0^{t_{tr}} dt (\Gamma + \Gamma'(t))^2 \dot{q}_{opt}^2(t_{tr} - t)$$
$$= U_{S_2} - U_1 + \frac{1}{4\Gamma} \int_0^{t_{tr}} dt (\Gamma - \Gamma'(t))^2 \dot{q}_{opt}^2(t_{tr} - t)$$
(3.33)

where, at the derivation of the second equality, it has been allowed for

$$\Gamma'(t) \, \dot{q}_{opt}^2(t_{tr} - t) = -\frac{dE(q_{opt}(t_{tr} - t))}{dt}$$
(3.34)

where  $E \equiv \dot{q}^2/2 + U(q)$  is an energy along the auxiliary relaxational trajectory (3.23).

If we put A = 0 into  $\Gamma'(3.28)$  we provide both a relaxation from  $S_2$  just to  $1, {}^{11}S_2 \xrightarrow{\text{rel }A} 1$ , and an equality  $\Gamma'$  to  $\Gamma$  which obviously provides the minimal possible action equal just to a difference of energies.

Now, we pass to the most interesting case when the final state  $S_2$  does not belong to a basin of attraction of the initial attractor 1. Let us show first that the *MPDTP*  $1 \rightarrow S_2$  goes necessarily through the saddle<sup>12</sup>  $S_1$ . Let us assume that the time-reversal of the *MPDTP* includes some point *B* of the boundary of basin of attraction of 1 which differs from  $S_1$ . Then, taken into account that this point belongs to the basin of attraction of 1 and, therefore, the time-reversal of the *MPDTP*  $1 \rightarrow B^*$  is just a relaxational trajectory  $B \xrightarrow{\text{rel}} 1$  which, in this case, necessarily follows the saddle  $S_1$ , we

<sup>&</sup>lt;sup>11</sup> Note that  $\dot{q} = 0$  both in  $S_2$  and in 1 so that they coincide with  $S_2^*$  and 1\* respectively.

<sup>&</sup>lt;sup>12</sup> For the sake of brevity, we use here and thereafter a term *saddle* in relation to  $S_1$  (and analogously, to  $S_2$ ) both in a case of a smooth maximum when it is a true saddle and in a more formal case of a cusp-like maximum when  $S_1$  is even not a stationary point (though, like a true saddle, it possesses two incoming and two outcoming manifolds).

come to the conclusion that the saddle  $S_1$  is definitely followed by the *MPDTP*  $1 \rightarrow S_2$  (cf. also ref. 43).<sup>13</sup>

Thus, if  $S_2$  does not belong to a basin of attraction of 1 the *MPDTP* from 1 to  $S_2$  consists of two bits:

(1)  $1 \xrightarrow{A=0} S_1$ , following the conventional time-reversal of the relaxational path;

(2) from  $S_1$  to  $S_2$ .

Taken that, for a smooth potential U(q), direct extremals may be sewed only in saddles while there are no saddles other than  $S_1$  and  $S_2$  in our problem, the *MPDTP*  $S_1 \rightarrow S_2$  is definitely a path with a *single* A,  $S_1 \xrightarrow{A} S_2$ . The question about a proper choice of A is one of central questions of the present paper. We need to choose from all *direct* extremals  $S_1 \rightarrow S_2$  (they have been described in Section 3.2 in a general form and their number may be infinite) that one which provides a minimum for action. An algorithm for the choice depends on a satisfaction such 2 conditions:<sup>14</sup>

**Condition 1.** A noise-free trajectory  $S_2 \xrightarrow{\text{rel}} 2$  possesses points both with  $q < q(S_1)$  and with  $q > q(S_1)$  (it is equivalent to that the trajectory passes in the energy-coordinate plane above the saddle  $S_1$  at least once: cf. the thin dashed line in Fig. 4(a)).

**Condition 2.** A noise-free trajectory  $S_2 \xrightarrow{\text{rel}} 2$  and a trajectory  $2 \xrightarrow{A=0} S_1$  (which is the time-reversal of  $S_1 \xrightarrow{\text{rel}} 2$ ) intersect at least once, apart from the obvious common point 2 (cf. intersections of the thin dashed and solid lines in Fig. 4(a); note that, in the energy-coordinate plane, any trajectory overlaps its time-reversal, so that  $2 \xrightarrow{A=0} S_1$  and  $S_1 \xrightarrow{\text{rel}} 2$  are presented in Fig. 4(a) by one and the same line).

Correspondingly, any case is described by one of 4 theorems presented below. For their formulation, it is convenient to introduce the following definitions.

**Definition 1.** Let us define a bit of a trajectory as a *passage* if a velocity is equal to zero in the beginning and in the end of the bit while it does not change its sign in between them (e.g., the trajectory shown in Fig. 4 by the dotted line consists of 2 passages).

<sup>&</sup>lt;sup>13</sup> In fact, as it follows from the consideration below,  $S_1$  is the only point of the boundary of the basin of attraction of 1 which belongs to the time-reversal of the *MPDTP*.

<sup>&</sup>lt;sup>14</sup> As  $\Gamma$  varies, a satisfaction of these conditions changes at some critical values which will be discussed in the next sub-section.

**Definition 2.** Let us define a point *I* as the highest in energy intersection of the trajectories  $S_2 \xrightarrow{\text{rel}} 2$  and  $2 \xrightarrow{A=0} S_1$  (cf. Fig. 4(a)).

**Definition 3.** Let us define  $A_{-}$  as such negative value that the number of passages in  $S_1 \xrightarrow{A_{-}} S_2$ ,  $n_{-}$ , is equal to a number of passages in the bit of the noise-free trajectory  $S_2 \xrightarrow{\text{rel}} I$ ,  $n_{\text{rel}}: n_{-} = n_{\text{rel}}$ .

**Definition 4.** Let us define  $A_+$  as such positive value that the number of passages in  $S_1 \xrightarrow{A_+} S_2$ ,  $n_+$ , is smaller than  $n_{\text{rel}}$  by one:  $n_+ = n_{\text{rel}} - 1$ .

**Theorem 1.** Let both conditions 1 and 2 be satisfied. Then, the *MPDTP*  $S_1 \rightarrow S_2$  is either  $S_1 \xrightarrow{A_-} S_2$  or  $S_1 \xrightarrow{A_+} S_2$  while action along the *MPDTP* is less than  $U_{S_2} - U_2$ .

**Remark 1.** Theorem 1 is relevant typically to small  $\Gamma$ : an example is shown in Fig. 4  $(S_1 \xrightarrow{A_-} S_2 \text{ and } S_1 \xrightarrow{A_+} S_2$  are shown by the thick dashed and dotted lines respectively). Intuitively, the specified in the theorem choice of extremals is rather clear: as it follows from (3.33),  $\Gamma'(t)$  should differ from  $\Gamma$  as little as possible—and the above described paths provide such  $\Gamma'$  which, on a major part of a path, is only slightly either smaller (for  $A_-$ ) or larger (for  $A_+$ ) than  $\Gamma$ . But the rigorous proof is quite tricky and uses mainly geometrical arguments.

**Proof.** Let us first prove that a minimal action is smaller than  $U_{S_2} - U_2$ . The conventional successive path  $S_1 \xrightarrow{\text{rel}} 2 \xrightarrow{A=0} S_2$  provides action equal just to  $U_{S_2} - U_2$ . Let us construct the path  $S_1 \xrightarrow{\text{rel}} I^* \xrightarrow{A=0} S_2$ . It is a part of  $S_1 \xrightarrow{\text{rel}} 2 \xrightarrow{A=0} S_2$  and, obviously, action along the latter path exceeds action along the former one. Thus, a minimal action should be definitely less than  $U_{S_2} - U_2$ .

As concerns the *MPDTP*, let us consider separately negative and positive A.

(a) A < 0.

First of all, let us prove an existence of the described above  $A_{-}$ .

Consider first a case when the noise-free trajectory  $S_2 \xrightarrow{\text{rel}} 2$  possesses at least one turning point<sup>15</sup> between  $S_1$  and 2. If we decrease A continuously from zero a dissipation of energy along the relaxational trajectory  $S_2 \xrightarrow{\text{rel}} A$ 

<sup>&</sup>lt;sup>15</sup> We use a term *turning point* in a conventional for a physical literature meaning of a point on a trajectory where a velocity changes its sign.

decreases continuously so that the highest in energy turning point continuously moves up in energy and necessarily reaches  $S_1$  at some finite |A|, when the whole path lies above the trajectory  $S_1 \xrightarrow{\text{rel}} 2$  (except the very  $S_1$ , obviously). And just this A is  $A_-$  as it follows from the definition  $A_-$ .

In that case when the trajectory  $S_2 \xrightarrow{\text{rel}} 2$  does not possess any turning point between  $S_1$  and 2, the trajectory  $S_1 \xrightarrow{\text{rel}} 2$  necessarily possesses at least one turning point to the right from 2 (otherwise the Condition 2 would not hold true). Then if we decrease A continuously from zero a gain of energy along the path  $S_1 \xrightarrow{A}$  increases continuously so that the highest in energy turning point continuously moves up in energy until it meets  $S_2$  which will correspond just to  $A = A_-$ , by the definition  $A_-$  ( $n_- = 1$  in this case).

Let us show that if  $S_1$  is a smooth maximum then there are no  $A < A_{-}$ at which  $S_1 \xrightarrow{A} S_2$  could exist. Indeed, in this case,  $S_1$  is an unstable stationary point and the approach of the relaxational trajectory  $S_2 \xrightarrow{\operatorname{rel} A_{-}} S_1$  towards the saddle  $S_1$  occurs infinitely slowly: energy first decreases to a certain minimal value  $E_{\min}(A_{-})$  (which is slightly less than  $U_{S_1}$ ) at an instant  $t_0$  (3.29) and then starts to increase to  $U_{S_1}$ . If  $|A| > |A_{-}|$ then the change of the sign  $\Gamma$  occurs too early and energy along the trajectory  $S_2 \xrightarrow{\operatorname{rel} A}$  starts to increase before it reaches the level  $E_{\min}(A_{-})$  so that the trajectory passes above  $S_1$ .

In the case when  $S_1$  is a cusp-like maximum, paths  $S_1 \xrightarrow{A} S_2$  with  $A < A_-$  may exist. Let us prove that neither of them can be the *MPDTP*. Indeed, such path contains less number of passages than  $n_-$  which means that the time-reverse to it path inevitably intersects the boundary of basin of attraction of 1 in some point  $P_1$  which is not  $S_1$  (cf. the Fig. 4(b)). But the *MPDTP*  $1 \rightarrow P_1^*$  is the time-reversal of  $P_1 \xrightarrow{\text{rel}} 1$  while the latter just follows the boundary of attraction 1 (until it meets the saddle  $S_1$ ) rather than just intersects the boundary. This proves that  $1 \xrightarrow{A=0} S_1 \xrightarrow{A<A_-} S_2$  cannot be the *MPDTP*  $1 \rightarrow S_2$ .

Let us prove that a path  $S_1 \stackrel{A < 0}{\longrightarrow} S_2$  cannot provide the *MPDTP* if  $|A| < |A_-|$ . Indeed, if we decrease |A| continuosly then  $\Gamma'(t)$  increases for all t, i.e., a dissipation of energy along the relaxation trajectory  $S_2 \stackrel{\text{rel}A}{\longrightarrow}$  increases too and, hence, the trajectory lowers and necessarily intersects in some point P the trajectory  $2 \stackrel{A=0}{\longrightarrow} S_1$ . Let A is such that, after one or more oscillations in the well 2, the trajectory does come into  $S_1$ . Let us construct the path  $S_1 \stackrel{\text{rel}}{\longrightarrow} P^* \stackrel{A}{\longrightarrow} S_2$ . Action along the bit  $S_1 \stackrel{\text{rel}}{\longrightarrow} P^*$  is equal to zero while  $P^* \stackrel{A}{\longrightarrow} S_2$  is only a part of  $S_1 \stackrel{A}{\longrightarrow} S_2$  and action along the completing part,  $S_1 \stackrel{A}{\longrightarrow} P^*$ , is definitely non-zero. Thus, action along  $S_1 \stackrel{A}{\longrightarrow} S_2$  is certainly not minimal.

Thus, among all negative A, only A \_ may provide a minimum of action.

(b) A > 0.

First of all, let us show that  $A_+$  exists. Due to the Condition 1,  $S_2 \xrightarrow{\text{rel}} 2$  does pass in the energy-coordinate plane above  $S_1$ . If to increase A continuously from zero then a dissipation of energy along the trajectory  $S_2 \xrightarrow{\text{rel } A}$  increases and the trajectory lowers so that it necessarily meets  $S_1$  at some A which is just  $A_+$ , by the definition  $A_+$ .

If  $A < A_+$  then the relaxation trajectory first goes into the well 2 and, at the corresponding instant  $t_p$  (3.30), the velocity  $\dot{q}$  drops to zero while energy drops to some value  $E_{\min}(A) = U(q(t_p)) < U_{S_1}$ . As it is shown in Appendix D, the system goes then "back in time" along the same trajectory by which it arrived at  $q = q(t_p)$  unless dU/dq = 0 at  $q = q(t_p)$ . In the former case, it cannot arrive at  $S_1$  while, in the latter case, i.e., if  $q(t_p) = q(2)$ , it is not a *direct* extremal (moreover, action along a path following the attractor 2 is  $\geq U_{S_2} - U_2$ ).

If  $A > A_{+}$  the number of passages decreases which means that  $S_2 \xrightarrow{\text{rel } A} S_1$  inevitably intersects the boundary of basin of attraction of 1 in some point  $P_2$  which is not  $S_1$  (cf. the Fig. 4(b)) while a trajectory time-reverse to the *MPDTP*  $1 \rightarrow P_2^*$  should follow the boundary (until it meets  $S_1$ ) rather than just intersect the boundary.

Thus, among all positive A, only  $A_+$  may provide a minimum of action. Thus, the Theorem 1 has been proved.

Remark 2. It is interesting to notice that if U(q) is smooth in  $S_1$ (which is a typical case) then the relaxational trajectory  $S_2 \xrightarrow{\operatorname{rel} A_+}$ approaches  $S_1$  at a finite instant of time, <sup>16</sup> unlike the trajectory  $S_2 \xrightarrow{\operatorname{rel} A_-}$ : the former trajectory reaches the saddle just at the instant  $t_p^{(+)} \equiv t_p(A_+)$ (3.30). Indeed, if the transition instant  $t_{tr}$  was smaller than  $t_p^{(+)}$  then  $\Gamma'(t)$ would be positive and finite at any  $t \leq t_{tr}$ —but, at any finite positive friction, the approach to the saddle should take an infinite period which contradicts to the original assumption that  $t_{tr} < t_p^{(+)}$ . On the other hand, if  $t_{tr}$ was larger than  $t_p^{(+)}$  then we would also come to a controversy. Indeed, at the instant  $t = t_p^{(+)}$ , the velocity  $\dot{q}$  must drop to zero. It is shown in the Appendix D that, unless the coordinate  $q(t_p^{(+)})$  coincides with a coordinate of the saddle  $S_1$  or of the bottom of the well 2, the trajectory returns along the same trajectory to  $S_2$  and therefore cannot provide the transition  $S_2 \rightarrow S_1$ . But, due to the assumption that  $t_{tr} > t_p^{(+)}$ , the saddle  $S_1$  cannot be reached at the instant  $t_p^{(+)}$ . The bottom of the well 2 is not suitable either since a path following 2 cannot be the MPDTP, by the definition of the MPDTP. Thus, we have again come to a controvercy with the original assumption and, hence, the transition time is just  $t_p^{(+)}$ .

<sup>&</sup>lt;sup>16</sup> If U(q) is smooth in  $S_2$  then the departure from  $S_2$  occurs infinitely slowly, so that we assume in this case that  $S_2$  is departed at  $t = -\infty$  rather than t = 0.

**Remark 3.** Let us describe briefly how to find constants  $A_{-}$ ,  $A_{+}$ . In an underdamped limit ( $\Gamma$  is small in comparison with characteristic eigenfrequencies), they can be found explicitly which will be done in Section 3.3.3. In a general case, they have to be found numerically by a trialand-error method in which a constant A is being fitted until a relaxation trajectory (3.23), (3.28)  $S_2 \xrightarrow{\text{rel}A}$  arrives at  $S_1$  while the resulting trajectory  $S_2 \xrightarrow{\text{rel}A} S_1$  consists from  $n_{\text{rel}} - 1$  passages, for  $A_-$  and  $A_+$  respectively. This procedure is incomparably easier than a direct numerical solution of the variational problem (cf. ref. 31) and takes very little of computer time. A concrete algorithm may vary. E.g., one may use a standard method of successive approximation starting from the ranges [-1, 0] and [0, 1], for  $A_-$  and  $A_+$  respectively. A convergence is typically quick.

**Theorem 2.** Let the Condition 2 be satisfied while the Condition 1 be not. Then the *MPDTP*  $S_1 \rightarrow S_2$  is the path  $S_1 \xrightarrow{A_-} S_2$  while action along it is  $\langle U_{S_2} - U_2$ .

**Proof.** The proof is nearly identical to that one in the Theorem 1. The only difference is that there are no direct paths corresponding to positive A.

Before to pass to two other theorems (whose proof is probably the most non-trivial part of the paper) let us present qualitative arguments in favor of that an extremal with a single negative A does not exist at large enough friction: such arguments will facilitate an understanding the rigorous proof of Theorems 3 and 4. For the sake of simplicity, let us consider the most typical case, when U(q) is smooth both in  $S_1$  and  $S_2$ . For the overdamped case, a noise-free trajectory emanating from  $S_1$  or  $S_2$  follows nearly the very slope (left or right, respectively) of the potential well 2. A friction  $\Gamma'(t)$  (3.28) varies along the trajectory  $S_2 \xrightarrow{\text{rel } A}$  from  $\Gamma$  at  $t = -\infty$  to  $-\Gamma$  at  $t = \infty$ . A transition between these two regimes occurs for an interval  $\sim \Gamma^{-1}$  and, hence, in order for the trajectory to manage to come to  $S_1$  rather than to pass above it it should manage for this interval  $\sim \Gamma^{-1}$  to pass from the right slope to the left one. However such passage (a large part of which takes place in the regime  $\Gamma' \ll \Gamma$ ) would require an interval  $\sim \omega_{osc}^{-1}$  where  $\omega_{osc}$  is a characteristic frequency of an eigenoscillation in the well 2. At large enough  $\Gamma$ , this time is much larger than  $\Gamma^{-1}$  and therefore the passage between the different slopes does not manage to occur which means that an extremal  $S_1 \xrightarrow{A} S_2$  cannot exist at large enough  $\Gamma$ .

Now, let us formulate the Theorem 3 and prove it rigorously.

**Theorem 3.** Let neither of the conditions 1 and 2 be satisfied. Then there is no any direct extremal which would provide the transition, i.e., the MPDTP does not exist.

**Proof.** An absence of direct extremals with a *positive* A is obvious: a dissipation along a trajectory  $S_2 \xrightarrow{\text{rel} A > 0}$  exceeds that one along a noise-free trajectory so that the trajectory  $S_2 \xrightarrow{\text{rel} A > 0}$  cannot reach  $S_1$ .

Let us now prove an absence of a path  $S_1 \xrightarrow{A} S_2$  with a *negative* A. If such path with some hypothetic negative  $A = A_h$  did exist then, for any negative A with  $|A| < |A_h|$ , a dissipation of energy along the relaxational trajectory  $S_2 \xrightarrow{\text{rel}A}$  should be larger than that one along  $S_2 \xrightarrow{\text{rel}A_h}$ , so that the trajectory in energy-coordinate plane would inevitably meet the slope of U(q) (i.e., the line E = U(q)) below  $S_1$ , in other words, the trajectory would have a turning point somewhere between  $q(S_1)$  and q(2). In particular, this would hold true at  $|A| \to 0$ . At the same time, if  $|A| \to 0$  then a point of minimal energy on the trajectory  $S_2 \xrightarrow{\text{rel}A}$  (corresponding to  $t_0$  (3.29)) approaches the bottom of the well 2 because the trajectory  $S_2 \xrightarrow{\text{rel}A \to 0}$  approaches the noise-free trajectory  $S_2 \xrightarrow{\text{rel}A}$  at any instant  $t \ll \Gamma^{-1} \ln(1/|A|) \xrightarrow{A \to 0} \infty$ . A potential near 2 may be approximated by a parabola:

$$U(q) = \frac{\Omega^2 (q - q(2))^2}{2}, \qquad q \approx q(2)$$
(3.35)

and an analysis of Eqs. (3.23), (3.28) is simplified. We are to prove that the trajectory  $S_2 \xrightarrow{\text{rel } A \to 0}$  cannot possess a turning point between  $S_1$  and 2 which will be equivalent to the proof of a non-existence the path  $S_1 \xrightarrow{A_h} S_2$ . This task is still non-trivial as it requires an *explicit* solution of Eqs. (3.23), (3.28) while, even for such simple potential as (3.35), the equations are non-trivial at an arbitrary  $\Gamma$ . Instead of their solution, one may return to the original Euler-Poisson equation (3.20) which is reduced for the case of a parabolic U(q) to a linear differential equation of the forth order with constant coefficients and, obviously, is easily solved. However, the immediate result of such solution is quite inconvenient for the required proof. That is why a different method is used below: I show that the proof can be reduced to certain partial case of Eqs. (3.23), (3.28) at which the equations have a solution in a very convenient for the final proof form.

A noise-free equation of motion in a parabolic potential is merely a linear differential equation with constant coefficients and is easily solved.<sup>(38)</sup> If  $\Gamma \ge \Gamma_{\min}$ , where

$$\Gamma_{\min} = 2\Omega \tag{3.36}$$

then the solution does not possess turning points in an infinitesimal vicinity of the bottom of the well.

In all cases to which the Theorem 3 relates, there is necessarily a small enough (but nonzero) vicinity of 2 in which noise-free trajectories do not have any turning point (otherwise the Condition 2 would hold true which, in its turn, would contradict to the condition of the theorem). Hence, relevant values of  $\Gamma$  are necessarily not less than  $\Gamma_{\min}$  (3.36).<sup>17</sup> If we prove an absence of turning points between  $S_1$  and 2 in  $S_2 \xrightarrow{\text{rel } A \to 0}$  for  $\Gamma = \Gamma_{\min}$  it will garantee the same for any larger  $\Gamma$  because the larger  $\Gamma$  the steeper the trajectory  $S_2 \xrightarrow{\text{rel } A}$  in the energy-coordinate plane and, all the more so, there are no turning points between  $S_1$  and 2 (a rigorous proof of this will be given further).

The dynamic equations (3.23), (3.28) for the relaxational trajectory  $S_2 \xrightarrow{\text{rel } A \to -0}$  in a close vicinity of 2, for  $\Gamma = 2\Omega$ , can be written as:

$$\frac{d^2 \tilde{q}}{d\tau^2} - 2 \tanh(\tau) \frac{d\tilde{q}}{d\tau} + \tilde{q} = 0$$

$$\tilde{q} = q - q(2), \qquad \tau = \Omega(t - t_0)$$
(3.37)

where  $t_0$  is given in (3.29).

The differential equation (3.37) can be solved explicitly:

$$\tilde{q}(\tau) = C_1 \sinh(\tau) + C_2(\tau \sinh(\tau) - \cosh(\tau))$$
(3.38)

where the integration constants  $C_1$ ,  $C_2$  can be determined from two additional conditions.

Let a point  $r \equiv (q_r, \dot{q}_r)$  on the trajectory  $S_2 \xrightarrow{\text{rel}} 2$  which is reached at an instant  $t_r$  is close to 2 enough for a parabolic approximation to be valid and for the trajectory not to possess turning points at  $t \ge t_r$ . If  $|A| \to 0$  the trajectory  $S_2 \xrightarrow{\text{rel}A}$  approaches  $S_2 \xrightarrow{\text{rel}}$  so that a deviation of r from a state on  $S_2 \xrightarrow{\text{rel}A}$  corresponding to the same moment  $t_r$  becomes negligible. Thus, at

$$\tau = \tau_r \equiv t_r - t_0 \tag{3.39}$$

the trajectory (3.38) should pass a state very close to r so that  $C_1$ ,  $C_2$  can be easily found:

<sup>&</sup>lt;sup>17</sup> Typically, a minimal  $\Gamma$  at which trajectories  $S_2 \xrightarrow{\text{rel}} 2$  and  $2 \xrightarrow{A=0} S_1$  do not intersect (apart from 2) is equal just to  $\Gamma_{\min}$  (3.36). However, it may be larger: in those cases when U(q) has steep slopes, intersections may still occur at large energies notwithstanding their absence in a vicinity of 2, at  $\Gamma > \Gamma_{\min}$ .

$$C_{1} = \frac{\tilde{q}_{r}\tau_{r}\cosh(\tau_{r}) - \dot{\tilde{q}}_{r}(\tau_{r}\sinh(\tau_{r}) - \cosh(\tau_{r}))}{\cosh^{2}(\tau_{r})},$$

$$C_{2} = \frac{-\tilde{q}_{r}\cosh(\tau_{r}) + \dot{\tilde{q}}_{r}\sinh(\tau_{r})}{\cosh^{2}(\tau_{r})},$$

$$\tilde{q}_{r} \equiv q_{r} - q(2), \qquad \dot{\tilde{q}}_{r} \equiv \dot{q}_{r}$$
(3.40)

All close to 2 points of  $S_2 \xrightarrow{\text{rel}} 2$  (including *r*) necessarily satisfy certain condition which will be particularly important for the further proof. In order to derive it let us write down the equation of motion along the noisefree trajectory  $S_2 \xrightarrow{\text{rel}} 2$  in a vicinity of 2:

$$\frac{d^2\tilde{q}}{d\tau^2} + 2\frac{d\tilde{q}}{d\tau} + \tilde{q} = 0$$
(3.41)

in which the same notations as in (3.37) are used. Its solution is

$$\tilde{q}\tau) = \left[\tilde{q}(\tau_r) + (\tau - \tau_r)(\dot{\tilde{q}}(\tau_r) + \tilde{q}(\tau_r))\right] e^{-(\tau - \tau_r)}$$
(3.42)

Differentiating (3.42), we obtain

$$\dot{\tilde{q}}(\tau) = \left[ \, \dot{\tilde{q}}(\tau_r) - (\tau - \tau_r) ( \dot{\tilde{q}}(\tau_r) + \tilde{q}(\tau_r)) \, \right] \, \mathrm{e}^{-(\tau - \tau_r)} \tag{3.43}$$

from which it follows that in order for a velocity to keep its sign for all finite  $\tau \ge \tau_r$  the following condition should be satisfied

$$\frac{\tilde{q}(\tau_r)}{\dot{q}(\tau_r)} < -1, \qquad \dot{\tilde{q}}(\tau_r) \neq 0 \tag{3.44}$$

(the dashed lines in Fig. 5(a) correspond to  $\tilde{q}(\tau_r)/\dot{\tilde{q}}(\tau_r) = -1$ ).

Using (3.44), we show below that a path which possesses a turning point between  $S_1$  and 2 cannot be  $S_2 \xrightarrow{\text{rel}A \to 0}$ . It is convenient to consider separately a case when the turning point is approaching 2 as |A| is approaching zero and a case when the turning point remains at a finite distance from q(2) at  $|A| \to 0$ .

(1) Let a path (3.38) possesses at  $\tau = \tau_1$  a turning point at  $\tilde{q} < 0$ . Then (3.38) can be written as

$$\tilde{q}(\tau) = \frac{\tilde{q}(\tau_1)}{\cosh(\tau_1)} \left[ (\tau_1 - \tau) \sinh(\tau) + \cosh(\tau) \right]$$
(3.45)

(an example of such path is shown in Fig. 5(a)).



Fig. 5. Energy-coordinate plane for a motion in the parabolic potential  $U(\tilde{q}) = \tilde{q}^2/2$  (solid line):  $\tilde{q} \equiv q - q(2)$ ,  $E \equiv (d\tilde{q}/d\tau)^2/2 + U(\tilde{q})$ . (a) The dashed lines show asymptotic noise-free trajectories (as well as time-reverse to them trajectories) at  $\Gamma = 2\Omega$  and, at the same time, indicate lines  $\tilde{q}/\tilde{q} = \pm 1$ . The dotted line shows an example of a path (3.45) which possesses a turning point to the left from the bottom of the well (only that part which corresponds to a motion preceding the turning point is shown since the motion following the turning point is not relevant). (b) The lines indicating the sewing conditions for  $\Gamma/(2\Omega) = 1$  ( $\tilde{q}/\tilde{q} = \pm 1$ ) and for  $\Gamma/(2\Omega) = \alpha = 1.5 > 1$  ( $\tilde{q}/\tilde{q} = \pm \alpha$ ) are shown by respectively thick and thin dashed lines. Examples of paths (3.54) with identical initial conditions but different  $\Gamma$  are shown by dotted lines: by the thick line for  $\Gamma/(2\Omega) = 1$  and by the thin one for  $\Gamma/(2\Omega) = \alpha$ .

A coordinate-to-velocity ratio along the path is

$$R \equiv \frac{\tilde{q}}{\tilde{q}} = \tanh(\tau) + \frac{1}{\tau_1 - \tau}$$
(3.46)

The function  $R(\tau)$  is monotonously increasing at any  $\tau \neq \tau_1$ :

$$\frac{dR}{d\tau} = \frac{1}{\cosh^2(\tau)} + \frac{1}{(\tau_1 - \tau)^2} > 0, \qquad \tau \neq \tau_1$$
(3.47)

Allowing for

$$R(-\infty) = -1 \tag{3.48}$$

we may conclude that, at any finite  $\tau < \tau_1$  (i.e., along that part of the path which precedes the turning point),

$$\frac{\tilde{q}}{\tilde{q}} > -1 \tag{3.49}$$

The incompatibility of (3.49) with the condition (3.44) proves that the path (3.45) cannot coincide with the path (3.38), (3.40) and therefore  $S_2 \xrightarrow{\text{rel } A \to 0}$  cannot possess a turning point at an infinitesimal distance to the left from 2.

(2) Let us show that an assumption that  $S_2 \xrightarrow{\text{rel} A \to 0}$  possesses a turning point between  $S_1$  and 2 at some *finite* distance from 2 leads to a contradiction too. So, let us assume that  $S_2 \xrightarrow{\text{rel} A \to 0}$  possesses the above described turning point h at some  $\tau = \tau_h$ :

$$\dot{\tilde{q}}(\tau_h) = 0, \qquad q(S_1) - q(2) < \tilde{q}(\tau_h) < 0, \qquad \tilde{q}(\tau_h) \xrightarrow{A \to 0} 0 \tag{3.50}$$

A parabolic approximation may not be valid near *h* but, near the bottom of the well 2, the trajectory should still be approximated by the path (3.38), (3.40) which should not possess turning points in a vicinity of the bottom of the well and should be sewed at large positive  $\tau \equiv \tau_1$  together with the time-reversal of the noise-free trajectory emanating from the hypothetic turning point  $h \xrightarrow{\text{rel}}$ , similar to the sewing together with  $S_2 \xrightarrow{\text{rel}}$  at large negative  $\tau = \tau_r$ . The condition of a sewing with a time-reversal can be immediately obtained on the basis of the condition (3.44) for a direct trajectory if to use that fact that a velocity in any point of the time-reversal

is just opposite to a velocity in the same point of energy-coordinate plane for the direct trajectory. Thus,

$$\frac{\tilde{q}(\tau_l)}{\tilde{q}(\tau_l)} > 1, \qquad \dot{\tilde{q}}(\tau_l) \neq 0 \tag{3.51}$$

At the same time, it follows from Eq. (3.38)

$$R \equiv \frac{\tilde{q}}{\tilde{q}} = \tanh(\tau) - \frac{C_2}{C_1 + C_2 \tau}$$
(3.52)

The function  $R(\tau)$  increases monotonously everywhere except

$$\tau \equiv \tau_{\rm turn} = -\frac{C_1}{C_2} \tag{3.53}$$

which corresponds to a turning point of  $\tilde{q}(\tau)$ . Allowing for the absence of turning points in the vicinity of the bottom of the well (which has been proved above in 1)), there should be either  $\tau_{turn} > \tau_l$  or  $\tau_{turn} < \tau_r$ . However, in any of these cases, at least one of the conditions (3.44) and (3.51) is not satisfied: in the former case,  $R(\tau_r) > -1$  while, in the latter case,  $R(\tau_l) < 1$  (note that if  $C_2 = 0$  then neither (3.44) nor (3.51) are satisfied since  $-1 < R(t) < 1 \forall t$ ).

This contradiction proves that the assumption (3.50) is wrong. Together with the proof of an impossibility for  $S_2 \xrightarrow{\operatorname{rel} A \to 0}$  to possess a turning point in the very vicinity of 2 (see 1) above), this proves an absence of a transition path  $S_1 \xrightarrow{A < 0} S_2$  at  $\Gamma = \Gamma_{\min}$  (3.36).

Finally, we should prove that, for any larger  $\Gamma$ , this is all the more so. With this aim, let us write down Eqs. (3.23), (3.28) for a case A < 0 in the following form

$$\frac{d^2q}{d\tilde{t}^2} + \tilde{\Gamma}(\tilde{t})\frac{dq}{d\tilde{t}} + \frac{dU}{dq} = 0$$

$$\tilde{t} = t - t_0, \qquad \tilde{\Gamma}(\tilde{t}) = -\Gamma \tanh\left(\frac{\Gamma\tilde{t}}{2}\right)$$
(3.54)

An effective friction  $\tilde{\Gamma}(\tilde{t})$  is positive at  $\tilde{t} < 0$  and negative at  $\tilde{t} > 0$  so that the instant  $\tilde{t} = 0$  corresponds to a minimal energy on a trajectory, for any  $\Gamma$ . At the same time, the larger  $\Gamma$  the larger  $|\tilde{\Gamma}(\tilde{t})|$  and, therefore, the steeper a trajectory E(q) in the energy-coordinate plane (see Fig. 5(b)).

If, analogously to the analysis for a case  $\Gamma/(2\Omega) = 1$ , to consider for  $\Gamma/(2\Omega) > 1$  a case  $|A| \to 0$  which can be described in a vicinity of 2 in a parabolic approximation (3.35) then the corresponding trajectory (3.54) should be sewed at  $\Omega \tilde{t} = \tau_r \to -\infty$  with the noise-free trajectory and at  $\Omega \tilde{t} = \tau_l \to +\infty$  with the time-reversal of the noise-free trajectory. It is easy to derive for a general case  $\Gamma \ge 2\Omega$  the conditions similar to (3.44), (3.51):

$$R(\tau_r) \equiv \frac{\tilde{q}(\tau_r)}{d\tilde{q}(\tau_r)/d\tau_r} < -\frac{\Gamma}{2\Omega} \leqslant -1, \quad R(\tau_l) \equiv \frac{\tilde{q}(\tau_l)}{d\tilde{q}(\tau_l)/d\tau_l} > \frac{\Gamma}{2\Omega} \geqslant 1$$
(3.55)

If  $\Gamma > 2\Omega$  then the corresponding to (3.55) lines in the  $E - \tilde{q}$  plane lie necessarily lower than those ones for a case  $\Gamma = 2\Omega$  (cf. Fig. 5(b)). At the same time, as it was shown above, lines corresponding to the trajectory (3.54) for  $\Gamma > 2\Omega$  lie necessarily above those for  $\Gamma = 2\Omega$  (cf. Fig. 5(b)). Taken that, even at  $\Gamma = 2\Omega$ , at least one of the sewing conditions (3.55) cannot be satisfied for the path (3.54), it is all the more so at  $\Gamma > 2\Omega$ .

Thus, the Theorem 3 has been proved.

**Theorem 4.** Let the condition 1 be satisfied while 2 be not. Then the *MPDTP*  $S_1 \rightarrow S_2$  is the extremal  $S_1 \xrightarrow{A_+} S_2$ .

**Remark 4.** The case described by the Theorem 4 is not typical but it may occur if a bottom of the well 2 is shallow while a slope of the well 2 between 2 and  $S_2$  becomes rather steep at some distance from the bottom.

**Proof.** The proof of a non-existence an extremal with a negative A is identical to that one in the Theorem 3 while the proof concerning an extremal with  $A = A_+$  is identical to that one in the Theorem 1.

Finally, in this sub-section, I shall say very briefly about a problem of the *MPDTP*  $i \rightarrow j$  if both *i* and *j* are non-stationary points.<sup>18</sup> This case has certain differences from the case when at least one of states is a stationary point. Thus, the *MPDTP* may not obligatory follow the saddle  $S_1$ . Rather it may be a path with a single A (rather than with A switching in the saddle  $S_1$  from A = 0 to non-zero A). Such transition takes a finite time

<sup>&</sup>lt;sup>18</sup> This case is more of a formal rather than practical interest: if we consider a transition from an infinitesimal vicinity of *i* then, with an overwhelming probability, the system will move first to an attractor and, only from there, will transit to *j*, without ever return to the infinitesimal vicinity of *i*. However if one seeks the most probable fluctuational transition from an attractor to *j* which would obligatory follow *i* then the variational problem for the *MPDTP*  $i \rightarrow j$  is important. This can be necessary at an evaluation of a prehistory probability density<sup>(34)</sup> (cf. also ref. 51).

even if a maximum  $S_1$  is smooth. In the case A > 0, this time is less than  $t_p$  (3.30). In fact, most of the above-said in this paragraph concerns also a transition within one and the same basin of attraction.

**3.3.2.** Action. The final goal of the variational problem is action  $S_{\min}$  (3.18) which, as it has been found in previous sub-sections, can be presented in any of two forms (3.33) in which  $q_{opt}(t)$  is sewed from trajectories of the type (3.23) with  $\Gamma'(t)$  (3.28) in accordance with the algorithm described in the previous sub-section. I emphasize that the numerical procedure is incomparably easier than a direct numerical solution of the variational problem (cf. ref. 31) and takes typically very little computer time.

In some ranges of friction, action can be found explicitly. Thus, if  $S_2$  belongs to a basin of attraction of 1 then the *MPDTP*  $1 \rightarrow S_2$  is just the time-reversal of the relaxational trajectory  $S_2 \xrightarrow{\text{rel}} 1$  while action is just a difference of energies,  $U_{S_2} - U_1$ . If  $S_2$  does not belong to a basin of attraction of 1 and friction is much less than characteristic eigenfrequencies, one can obtain explicit asymptotic formulas for action which will be done in sub-section 3.3.3. If  $\Gamma$  is slightly less than the upper limit for an existence of the *MPDTP*,  $\Gamma_0$ , then the *MPDTP* is close to  $1 \xrightarrow{A=0} S_1 \xrightarrow{\text{rel}} 2 \xrightarrow{A=0} S_2$  and action is:

$$S_{\min}(1 \to S_2) \approx U_{S_1} - U_1 + U_{S_2} - U_2, \qquad 0 < \Gamma_0 - \Gamma \ll \Gamma_0$$
(3.56)

If  $\Gamma \ge \Gamma_0$  then a direct transition rate  $\alpha_{1S_2}$  (as well as  $\alpha_{13}$  in phenomenological formulas of Section 2) is equal to 0:

$$\alpha_{1S_2} = 0, \qquad \Gamma \geqslant \Gamma_0 \tag{3.57}$$

Generally,  $S_{\min}$  is to be calculated numerically. For the potential shown in Fig. 4,

$$U(q) = 0.06(q+1.5)^2 - \cos(q)$$
(3.58)

we plot in Fig. 6 an excess of action over the difference of energies:<sup>19</sup>

$$\Delta S_{\min} \equiv S_{\min}(1 \to S_2) - (U_{S_2} - U_1)$$
  
=  $\frac{1}{4\Gamma} \int_0^{t_{tr}} dt (\Gamma - \Gamma'(t))^2 \dot{q}_{opt}^2(t_{tr} - t)$  (3.59)

A magnitude of  $\Delta S_{\min}$  varies from<sup>20</sup> 0 to  $U_{S_1} - U_2$ . The latter is approached as  $\Gamma$  approaches the critical value  $\Gamma_0$  at which a direct path disappears, as

<sup>&</sup>lt;sup>19</sup> Note that action for the reverse transition is equal just to  $\Delta S_{\min}$ :  $S_{\min}(S_2 \rightarrow 1) = \Delta S_{\min}$ . <sup>20</sup> If  $U_{S_2}$  was smaller than  $U_{S_1}$  then the lower value of  $\Delta S_{\min}$  would be  $U_{S_1} - U_{S_2}$ .



Fig. 6. A dependence of an excess of action over the difference of energies, for an escape from 1 to  $S_2$  in the potential shown in Fig. 4. The solid line is calculated numerically by (3.59) in which  $q_{opt}$  and  $\Gamma'(t)$  are calculated by the algorithm described in sub-section 3.3.1. The dotted line shows the explicit underdamped asymptote (3.82), (3.83). The horisontal and vertical dashed lines indicate respectively the upper limit for  $\Delta S_{\min}$  and the lower limit for  $\Gamma$  at which the *MPDTP*  $1 \rightarrow S_2$  does not exist. The inset shows an underdamped range in an enlarged scale.

described in the Theorem 3, and which is equal in this case (as well as in a majority of other cases) to a doubled frequency of eigenoscillation in a bottom of the well 2:

$$\Gamma_0 = 2\Omega \tag{3.60}$$

In the underdamped range,  $\Gamma < \Gamma_1$ , which is described by the Theorem 1, the dependence  $\Delta S_{\min}(\Gamma)$  undergoes characteristic oscillations (the inset shows them in an enlarged scale) which correspond to an alternation of ranges at which  $S_2$  belongs to a basin of atraction of 1 with ranges at which it does not. The ranges are separated by critical values  $\Gamma_n$  which correspond to saddle connections  $S_2 \xrightarrow{\text{rel}} S_1$  consisting of *n* passages (n=1, 2, ...). Each oscillation has a cusp-like singularity in its maximum which corresponds to a jumpwise switch of the *MPDTP* between paths corresponding to  $A_+$  and  $A_-$  (cf. a discontinuity in a first derivative of nonequilibrium potential<sup>(26)</sup> and a fluctuational separatrix for optimal paths in a phase space<sup>(44, 43)</sup>).

The range of moderate friction,  $\Gamma_1 < \Gamma < \Gamma_0$ , is described by the Theorem 2. A major variation of action occurs within just this range: the

larger  $\Gamma$  the deeper into the well 2 the *MPDTP*  $1 \xrightarrow{A=0} S_1 \xrightarrow{A_-} S_2$  falls and, correspondingly, the larger  $\Delta S_{\min}$ .

**3.3.3. Underdamped Regime.** The goal of this sub-section is to derive explicit expressions for action and *MPDTP* in the case when  $\Gamma$  is small:

$$\beta \equiv \frac{\Gamma}{\min(\omega_{osc}, \,\omega_{osc}^{(1)}, \,\omega_{osc}^{(2)})} \ll 1 \tag{3.61}$$

where  $\omega_{osc}$ ,  $\omega_{osc}^{(1)}$ ,  $\omega_{osc}^{(2)}$  are characteristic frequencies of eigenoscillation at energies between saddles and in wells 1 and 2 respectively.

(a) Noise-Free Trajectory. First, it is necessary to derive a formula for a critical value  $\Gamma \equiv \Gamma_n$  which lies in the underdamped range (3.61) and provides a saddle connection  $S_2 \xrightarrow{\text{rel}} S_1$  with a given number of passages *n*. I shall derive also  $n_{\text{rel}}$  as an explicit function of  $\Gamma$ . Integrating the equation for the energy along the trajectory, (3.34), in which A = 0 (i.e.,  $\Gamma'(t) \equiv \Gamma_n$ ) and allowing for a smallness of  $\Gamma_n$  due to which energy may be considered as a constant at an integration of the left-hand side (3.34) along one passage, we obtain for a dissipation of energy along a given *m*th passage of a noise-free trajectory:

$$\Delta E_m \equiv E_m - E_{m+1} = \pi \Gamma_n I(E_m), \qquad m \leqslant n - 1 \tag{3.62}$$

where  $E_m$  is an energy in the beginning of the passage while *I* is a mechanical action<sup>(38)</sup>

$$I(E) = \frac{1}{2\pi} \oint dq \ \dot{q}, \qquad \dot{q} = \sqrt{2(E - U(q))}$$
(3.63)

For the last (i.e., nth) passage, we obtain similarly:

$$\Delta E_{n} \equiv E_{n} - U_{S_{1}} = \pi \Gamma_{n} I_{k},$$

$$k \equiv \frac{1}{2} (3 + s(-1)^{n}),$$

$$s \equiv \text{sgn} \left( \frac{q(2) - q(1)}{q(2) - q(S_{2})} \right)$$
(3.64)

where  $I_1 \equiv I_1(U_{S_1})$  and  $I_2 \equiv I_2(U_{S_1})$  are actions (3.63) in wells 1 and 2 respectively.

Dividing the Eq. (3.62) by  $\pi \Gamma_n I$ , applying the resulting equation to the first n-1 passages, summing up the results, exchanging the summation by the integration (the latter operation is justified by a smallness of  $\Delta E_m$ ) and allowing for (3.64), we derive

$$\frac{1}{\pi} \int_{U_{S_1} + \pi \Gamma_n I_k}^{U_{S_2}} dE \, \frac{1}{I(E) \, \Gamma_n} = n - 1 \tag{3.65}$$

Allowing for

$$\frac{1}{\pi} \int_{U_{S_1}}^{U_{S_1} + \pi \Gamma_n I_k} dE \, \frac{1}{I(E) \, \Gamma_n} \approx \frac{I_k}{I_1 + I_2} = \frac{1}{1 + (I_1/I_2)^{s(-1)^n}} \tag{3.66}$$

we derive

$$\frac{1}{\pi} \int_{U_{S_1}}^{U_{S_2}} dE \, \frac{1}{I(E) \, \Gamma_n} - \frac{1}{1 + (I_1/I_2)^{s(-1)^n}} = n - 1 \tag{3.67}$$

from which

$$\Gamma_{n} = \frac{\Delta \omega_{osc}}{n - 1 + 1/(1 + (I_{1}/I_{2})^{s(-1)^{n}})}, \qquad \Delta \omega_{osc} \equiv \frac{1}{\pi} \int_{U_{S_{1}}}^{U_{S_{2}}} dE \, \frac{1}{I(E)}, \qquad (3.68)$$
$$\Gamma_{n} \ll \min(\omega_{osc}, \, \omega_{osc}^{(1)}, \, \omega_{osc}^{(2)}))$$

If

$$\Gamma \in ]\Gamma_{2l+(1+s)/2+1}, \Gamma_{2l+(1+s)/2}[, l \ge 0$$
(3.69)

then  $S_2 \xrightarrow{\text{rel}}$  goes just to 2 rather than to 1 and a number of passages in  $S_2 \xrightarrow{\text{rel}} I$  is

$$n_{\rm rel} = 2l + 1 + (1+s)/2 \tag{3.70}$$

It follows from (3.68)–(3.70) that

$$n_{\rm rel} = 2(n_{\Gamma}^{(-)} + 1) + \frac{1}{2} (1 - (-1)^{n_{\Gamma}^{(+)} - n_{\Gamma}^{(-)}}),$$

$$n_{\Gamma}^{(\pm)} \equiv \left[\frac{1}{2} \left(\frac{\Delta\omega_{osc}}{\Gamma} \pm \frac{1}{1 + (I_2/I_1)^s}\right)\right], \quad s(-1)^{n_{\rm rel}} = +1$$
(3.71)

where the square brackets [...] denote an integer part and the latter equality chooses those ranges of friction at which  $S_2 \xrightarrow{\text{rel}}$  goes just to 2 rather than to 1 (note that, in these ranges,  $n_{\text{rel}}$  is odd if q(2) is between q(1) and  $q(S_2)$  and even otherwise).

(b) Action. Let us find an explicit dependence of action on friction, in ranges (3.69). The *MPDTP* necessarily follows  $S_1$ . Action along the bit  $1 \rightarrow S_1$  is equal just to a difference of energies  $U_{S_1} - U_1$  and, hence, a nonzero contribution into  $\Delta S_{\min}$  is made only by the bit  $S_1 \rightarrow S_2$ . Allowing for this and using the identity (3.34), we may write (3.59) as

$$\Delta S_{\min} = \frac{1}{4\Gamma} \int_{S_1}^{S_2} dE \, \frac{(\Gamma - \tilde{\Gamma}'(E))^2}{\tilde{\Gamma}'(E)}, \qquad S_2 \xrightarrow{\text{rel}} 1 \tag{3.72}$$

where  $\tilde{\Gamma}'(E)$  is the auxiliary friction  $\Gamma'(t)$  (3.28) expressed as a function of energy E(t) along the auxiliary relaxational trajectory  $S_2 \xrightarrow{\text{rel } A} S_1$  (3.23), (3.28).

In order to find  $\tilde{\Gamma}'(E)$  one needs to find E(t). In a general case of an arbitrary  $\Gamma$ , the function E(t) cannot be found in an explicit form while, in an underdamped case (3.61), it can be found explicitly in the relevant range of energies. Indeed, the characteristic timescale on which both  $\Gamma'(t)$  and E(t) may change significantly is  $\Gamma^{-1}$ . Correspondingly, in accordance with the conventional averaging method,<sup>(45)</sup> changes of energy on smaller timescales are not essential for  $\tilde{\Gamma}'(E)$  In the underdamped case,  $\Gamma^{-1}$  is much larger than a characteristic duration of one passage<sup>21</sup> which is equal approximately to half a period of eigenoscillation at an average energy on the passage. Correspondingly, a change of energy along one passage is small while the dynamic equation (3.34) (which is obeyed by energy along the trajectory) may be averaged over a passage or, equivalently, over a period of eigenoscillation. Thus, averaging the Eq. (3.34) over a passage, allowing for<sup>(2)</sup>

$$\dot{q}^2 = I\omega \tag{3.73}$$

where the overbar means an averaging over an oscillation while I and  $\omega$  are respectively a mechanical action (3.63) and frequency of eigenoscillation at

<sup>&</sup>lt;sup>21</sup> In case of smooth maxima  $S_1$  and  $S_2$ , the present consideration does not cover the very beginning of a first passage and the very end of a last passage, i.e., the very vicinities of  $S_2$  and  $S_1$  respectively: their contribution into action is negligible as it will be shown in the end of the sub-section.

a given energy E, and transforming from E to I (note that  $dE/dI = \omega^{(38)}$ ), we obtain

$$\frac{dI}{dt} = -\Gamma' I \tag{3.74}$$

After the substitution  $\Gamma'(t)$  (3.28), the Eq. (3.74) can be integrated explicitly:

$$I = I_{t=0} e^{-\int_0^t d\tau \, \Gamma'(\tau)} = I_{t=0} e^{-\Gamma t} \left(\frac{1 - A e^{\Gamma t}}{1 - A}\right)^2, \qquad I_{t=0} \equiv I(U_{S_2})$$
(3.75)

Expressing from (3.28)  $e^{\Gamma t}$  via  $\Gamma'$  and substituting it into (3.75), one obtains

$$I = I(U_{S_2}) \frac{4A}{((\Gamma'/\Gamma)^2 - 1)(1 - A)^2}$$
(3.76)

from which it follows

$$\frac{\Gamma'}{\Gamma} \equiv \frac{\tilde{\Gamma}'(E)}{\Gamma} = \sqrt{1 + \frac{I(U_{S_2})}{I(E)} \frac{4A}{(1-A)^2}}$$
(3.77)

Thus, in order to find  $\Gamma'$  as a function of energy along the trajectory we need only to find A. It should be found from that condition that a trajectory  $S_2 \xrightarrow{\text{rel} A}$  goes just to  $S_1$ , moreover, a number of passages should be equal to either  $n_{\text{rel}}$  (3.71) or  $n_{\text{rel}}$  - 1, for  $A_-$  and  $A_+$  respectively. To find  $A_{\pm}$  I use equations analogous to (3.62)–(3.67) which were used in order to find  $\Gamma_n$  and  $n_{\text{rel}}(\Gamma)$ . The only difference is that I put in  $\Gamma'(t) A = A_{\pm}$ instead of A = 0 and, correspondingly,  $\Gamma_n$  should be exchanged by  $\tilde{\Gamma}'(E)$ (3.77) while *n* should be exchanged by  $n_{\text{rel}}$  (3.70) or  $n_{\text{rel}}$  - 1, for  $A_-$  and  $A_+$ respectively. Thus, instead of (3.67) for the case A = 0, I obtain for  $A_{\pm}$  the following equation:

$$\frac{1}{\pi} \int_{U_{S_1}}^{U_{S_2}} dE \frac{1}{\Gamma \sqrt{I(I+4I(U_{S_2})A_{\pm}/(1-A_{\pm})^2)}} - \frac{1}{1+(I_1/I_2)^{\mp 1}} = n_{\rm rel} - \frac{1}{2} (3\pm 1)$$
(3.78)

Generally, the integral in (3.78) cannot be found explicitly since I(E) (3.63) is typically a complicated function which can be presented only in an

integral form. At the same time, in order to find  $A_{\pm}$  explicitly we do need to express the integral as an explicit function of  $A_{\pm}$ . Fortunately, in the underdamped case (3.61), one can split the whole variety of U(q) into such two complementary classes of functions that an approximate value of  $A_{+}$  can be found from (3.78) explicitly for both classes. Obviously, the results match each other on the "boundary" between the classes.

All potentials U(q) are splitted into the two classes by a very simple condition: whether at least one of wells is deep or not, i.e., whether the parameter

$$\mu \equiv \frac{U_{S_2} - U_{S_1}}{U_{S_1} - \min(U_1, U_2)}$$
(3.79)

is small or not.

(1) Let us first consider the case when at least one of wells is deep: $^{22}$ 

$$\mu \ll 1 \tag{3.80}$$

In this case, a variation of I within the region of integration (3.78),  $[U_{S_1}, U_{S_2}]$ , is small and therefore  $\tilde{\Gamma}'(E)$  may be considered approximately as a constant, from which it immediately follows that, at  $\Gamma < \Gamma_1$ ,

$$\tilde{\Gamma}'(E) = \Gamma_{\pm} \equiv \Gamma_{n_{\text{rel}} - (1 \pm 1)/2}$$
 (3.81)

(corresponding to  $A = A_{\pm}$  respectively) where  $n_{\rm rel}$  is given by (3.71) (equivalently,  $\Gamma_{\pm}$  may be found from (3.68)–(3.70)). Substituting (3.81) into (3.72), we obtain

$$\Delta S_{\min} = \frac{U_{S_2} - U_{S_1}}{4} \min\left(\frac{(\Gamma - \Gamma_+)^2}{\Gamma\Gamma_+}, \frac{(\Gamma - \Gamma_-)^2}{\Gamma\Gamma_-}\right), \qquad \Gamma < \Gamma_1, \quad \mu \ll 1$$
(3.82)

<sup>22</sup> The case when the well 1 is not deep while 2 is seems to be the most interesting case in the generalized Kramers problem, both in the underdamped regime and in general: (1) though, after an escape from 1, the system will most probable slide down into 2, a period of stay there may be so long that it will exceed a realistic duration of an experiment; thus, the flux from a metastable part of potential will be formed on the time-scale of such experiment only by transitions which do not follow 2 and just such transitions possess interesting features which form the main subject of this paper, (2) the ratio between a maximal magnitude of oscillations of action (see below) and the Arrhenius factor (just the difference of energies  $U_{s_2} - U_1$ ) is in this case the largest possible, as it will be shown below, (3) the deeper the well 2 the larger a range in which action varies as friction varies from small to large values.

Similarly, at  $\Gamma > \Gamma_1 (A_+ \text{ does not exist in this range of } \Gamma)$ ,

$$\Delta S_{\min} = \frac{U_{S_2} - U_{S_1}}{4} \frac{(\Gamma - \Gamma_{-})^2}{\Gamma \Gamma_{-}}, \qquad \Gamma > \Gamma_1, \quad \mu \ll 1$$
(3.83)

If, apart from the constant (zero-order) term, we took into account in the Taylor expansion of  $\tilde{\Gamma}'(E)$  a next term we would obtain corrections to  $\Delta S_{\min}$  (3.82) and (3.83) of the order of  $\mu^2$  and  $\mu^3/\beta$  respectively. Taking into account that an accuracy of the averaging method is of the order of  $\beta$  (3.61), the overal inaccuracy of (3.82), (3.83) is

$$r \sim \max(\beta, \mu^2) \tag{3.84}$$

For the potential (3.58), an asymptote (3.82), (3.83) is shown in Fig. 6 by the dotted line: it well approximates the exact action within the accuracy (3.84).

In addition, I present explicit expressions for constants  $A_+$ ,  $A_-$  which have an accuracy  $\sim \max(\beta, \mu)$  and will be used further in an explicit formula for the *MPDTP*:

$$A_{\pm} \approx \frac{\Gamma_{\pm} - \Gamma}{\Gamma_{\pm} + \Gamma}, \qquad \mu \ll 1 \tag{3.85}$$

## (2) In the case when neither of wells is deep, i.e.,

$$\mu \gtrsim 1 \tag{3.86}$$

the condition of small friction (3.61) is equivalent to the condition of a large  $n_{rel}$ ,

$$1 \ll n_{\rm rel} \sim \frac{\omega_{osc}}{\Gamma} \ln \frac{U_{S_2} - \min(U_1, U_2)}{U_{S_1} - \min(U_1, U_2)}$$
(3.87)

Then, as it is obvious intuitively and will be confirmed by a result, a deviation of  $\tilde{\Gamma}'$  from  $\Gamma$  in the relevant range of energies is small so that  $|A_{\pm}|$  is small too,

$$|A_{\pm}| \ll 1$$
 (3.88)

Correspondingly, we may approximate  $\tilde{\Gamma}'/\Gamma$  (3.77) by the expression

$$\frac{\tilde{\Gamma}'}{\Gamma} \approx 1 + 2 \frac{I(U_{S_2})}{I} A_{\pm}, \qquad 2 \frac{I(U_{S_2})}{I} A_{\pm} \ll 1$$
(3.89)

(the latter inequality will be checked after the result for  $A_{\pm}$  is obtained).

Similarly, if to expand the integrand in (3.78) into a Taylor series over  $A_{\pm}$  and omit all powers higher than the first one then we can easily express  $A_{\pm}$  from the resulting approximation of (3.78) as

$$A_{\pm} = \frac{\Gamma}{2I(U_{S_2})} \Delta \omega'_{osc} \left\{ \frac{\Delta \omega_{osc}}{\Gamma} - \left( n_{\text{rel}} - 1 \mp \frac{1}{1 + I_1/I_2} \right) \right\},$$

$$\Delta \omega'_{osc} \equiv \frac{1}{\pi} \int_{U_{S_1}}^{U_{S_2}} dE \frac{1}{I^2}, \qquad n_{\text{rel}} \gg 1$$
(3.90)

The expression in braces does not exceed 1 and therefore, allowing for (3.86),

$$A_{\pm} \lesssim \frac{\Gamma}{\omega_{osc}} \frac{I(U_{S_1})}{I(U_{S_2})} \ll 1$$
(3.91)

Thus, both the condition (3.88) and the inequality in (3.89) are confirmed. Substituting  $A_{\pm}$  (3.90) into  $\tilde{\Gamma}'$  (3.89) and the resulting  $\tilde{\Gamma}'$  into  $\Delta S_{\min}$ 

Substituting  $A_{\pm}$  (3.90) into  $\Gamma'$  (3.89) and the resulting  $\Gamma'$  into  $\Delta S_{\min}$  (3.72), keeping only the lower power of  $n_{\rm rel}^{-1} \propto \Gamma$ , integrating the resulting integrand and choosing a minimum between the resulting actions for  $A_{-}$  and  $A_{+}$ , we obtain

$$\Delta S_{\min} = \frac{\pi \Gamma^2}{4\Delta \omega'_{osc}} \left( \left| \frac{\Delta \omega_{osc}}{\Gamma} - n_{rel} + 1 \right| - \frac{1}{1 + I_1/I_2} \right)^2, \qquad n_{rel} \gg 1 \qquad (3.92)$$

An inaccuracy of (3.91)

$$r \sim \max\left(\beta, \frac{\beta}{\mu}\right)$$
 (3.93)

If both the condition of deep wells (3.80) and the condition of large number of passages (3.87) are satisfied, i.e., if  $\beta \ll \mu \ll 1$  the expressions for  $A_{\pm}$ , (3.85) and (3.90), and for action, (3.82) and (3.92), give identical results up to the leading terms (a relative difference due to higer-order terms is  $\sim \max(n_{\text{rel}}^{-1}, \mu^2)$ ) and this provides a "bridge" between the results for the cases of deep and non-deep wells. Moreover, accuracies of asymptotic expressions also can be matched on the boundary between the cases, namely at

$$\beta \ll \mu^2 \ll 1 \tag{3.94}$$

Thus, keeping at the treatment of the case (3.86) a next term in all relevant Taylor expansions on  $\Gamma$ , we derive a more accurate formula for  $\Delta S_{\min}$ :

$$\Delta S_{\min} = \min(\Delta S_{\min}^{(+)}, \Delta S_{\min}^{(-)}), \qquad \Delta S_{\min}^{(\pm)} \equiv \frac{\pi\Gamma^2}{4\Delta\omega'_{osc}} \,\delta_{\pm}^2 \left(1 + 3\frac{\Gamma\Delta\omega''_{osc}}{(\Delta\omega'_{osc})^2} \delta_{\pm}\right)$$
$$\delta_{\pm} = \frac{\Delta\omega_{osc}}{\Gamma} - n_{\rm rel} + 1 \pm \frac{1}{1 + I_1/I_2}, \qquad \Delta\omega''_{osc} \equiv \frac{1}{\pi} \int_{U_{S_1}}^{U_{S_2}} dE \,\frac{1}{I^3}, \qquad n_{\rm rel} \gg 1$$
(3.95)

An inaccuracy of (3.95)

$$r \sim \max\left(\beta, \frac{\beta^2}{\mu^2}\right) \sim \beta$$
 (3.96)

In the case  $\mu \ll 1$ , in order to keep an inaccuracy on the minimal possible level (i.e.,  $\sim \beta$ ) at any  $\Gamma$  from the underdamped range (3.61) one may use the formula (3.95) at  $\beta \leq \mu^2$  while the formula (3.82) may be used at  $\beta \geq \mu^2$ .

Finally in this sub-section, let us show that corrections determined by close vicinities of smooth maxima  $S_1$  and  $S_2$  are exponentially small in the underdamped case.

Let us first consider a contribution into action from a bit of a trajectory  $S_2 \xrightarrow{\text{rel } A_{\pm}} S_1$  close to the upper saddle,  $S_2$ . In principle, one could calculate this contribution explicitly. Indeed, in order to find a time dependence of energy on the trajectory, we can use the original (i.e., non-averaged) equation (3.34) for dE/dt while  $\dot{q}$  in the left-hand side of this equation can be calculated in the dissipationless approximation in which, besides, the potential U(q) may be approximated by the inverted parabola,

$$U(q) \approx -\frac{1}{2}\omega_{S_2}^2(q - q(S_2))^2, \qquad |q - q(S_2)| \ll q(S_2) - q(S_1)$$
(3.97)

However, in comparison with an inaccuracy of the averaging method  $(\sim \beta)$ , the explicit account of the contribution from the vicinity of  $S_2$  makes no sense because the contribution from this region into action is exponentially small. Indeed, on the first passage, the approximation (3.73)-(3.77) (based on the averaging method) is valid starting from such point *P* on the trajectory that a time of relaxation from this point to the lower end of the first passage is much less than  $\Gamma^{-1}$ . We may estimate roughly this time as  $\Gamma^{-1}$ . Then, one can easily show, using the dissipation-less approximation, that a coordinate of this point is exponentially close to the saddle:

$$q(S_2) - q(P) \sim (q(S_2) - q(S_1)) e^{-\sigma(\omega_{S_2}/\Gamma)}, \quad \sigma \sim 1$$
 (3.98)

Correspondingly,

$$E(S_2) - E(P) \sim (U_{S_2} - U_2) \frac{\Gamma}{\omega_{S_2}} e^{-2\sigma(\omega_{S_2}/\Gamma)}, \quad \sigma \sim 1$$
 (3.99)

Taken that  $\omega_{S_2} \sim \omega_{osc}$ , a contribution of the vicinity of  $S_2$  into action is exponentially small and may be omitted within accuracies of formulas (3.82), (3.92), (3.95).

As concerns the analysis of the contribution from the discussed vicinity of the lower saddle,  $S_1$ , it is more complicated and involves, in particular, an analysis of the singularity of the trajectory (cf. the Appendix D) but the ultimate conclusion is the same: the contribution from the vicinity of  $S_1$  is exponentially small and may be omitted.

(c) Most Probable Direct Transition Path. Let us derive an explicit expression for the MPDTP in the underdamped regime.

If to make in the dynamical equation (3.23) the transformation of variables from the coordinate-velocity  $q - \dot{q}$  to action-angle  $I - \psi$  we shall derive such dynamical equations<sup>(46)</sup>

$$\dot{I} = -\frac{\Gamma'}{\omega}\dot{q}^2, \qquad \dot{\psi} = \omega + \Gamma'\dot{q}\frac{\partial q}{\partial I}$$
 (3.100)

where

$$q \equiv q(I,\psi) \tag{3.101}$$

is coordinate as a function of a mechanical action and of an angle: it is periodic on  $\psi$  with a period  $2\pi$  and its concrete form depends on a concrete shape of a potential U(q).

The averaging transforms the first of Eqs. (3.100) into the Eq. (3.74) while the another equation is transformed into

$$\dot{\psi} = \omega \tag{3.102}$$

The latter equation is readily integrated:

$$\psi \equiv \psi(t) = \psi_0 + \int_0^t d\tau \,\,\omega(I(\tau)) \tag{3.103}$$

where I(t) is given in (3.75) while  $\psi_0$ , together with  $I(U_{S_2})$ , corresponds nearly to  $S_2$ ,

$$q(I(U_{S_2}), \psi_0) \approx q(S_2)$$
 (3.104)

(the expression "nearly  $S_2$ " means here a state P from (3.98), (3.99)).

Thus, it follows from (3.23), (3.75), (3.103), (3.104) that

$$q_{opt}(t) \approx q(I(t-t_{rel}), \psi(t-t_{rel})), \qquad 0 \le t \le t_{rel}$$
(3.105)

where functions q, I and  $\psi$  are given in the Eqs. (3.101), (3.75), (3.103) and (3.104) respectively while  $t_{rel}$  corresponds to a relaxation (3.75) from  $I(U_{S_2})$  to  $I(U_{S_1})$ :

$$t_{\rm rel} = \frac{1}{\Gamma} \ln \frac{B - \sqrt{B^2 - A^2}}{A^2}, \qquad B \equiv A + \frac{I(U_{S_1})(1 - A)^2}{2I(U_{S_2})}$$
(3.106)

and A is to be chosen between  $A_{\pm}$  (see (3.85) and (3.90) for cases of deep and non-deep wells respectively) dependently on which of them provides a smaller action.

The formula (3.105) describes correctly nearly the whole *MPDTP* except the exponentially small vicinities of the saddles.

## 4. DISCUSSION AND APPLICATIONS

In this section, I discuss briefly a few connected with the present work items as well as applications whose detailed analysis is supposed to be done elsewhere.

1. Let us demonstrate how results of Section 3.3 can be immediately applied to the problem of inter-attractor transitions in a 3-well stable potential (cf. Figs. 2,3). First of all, we note that MPDTP for a transition attractor-attractor necessarily follows a saddle from which a system can relax noise-free to a final attractor, so that the problem is reduced to the transition attractor-saddle. If the saddle belongs to a basin of attraction of the attractor then the problem is trivial: the MPDTP is just the time-reversal of the relaxational trajectory while action is just a difference of energies in the saddle and in the attractor. If the saddle (let us call it  $S_2$ ) does not belong to a basin of attraction of the attractor (let us call it 1) then the problem is closely related to that one considered in Section 3.3 which, in its turn, is reduced to the transition  $S_1 \rightarrow S_2$ . However, in Section 3.3, we considered only the case when neither of two noise-free trajectories emanating from  $S_1$  reaches a coordinate  $q(S_2)$ . Generally speaking, it may be not so (if  $U_{S_1} > U_{S_2}$  while friction is small). But, still, the problem is easily reduced to the case considered in Section 3.3: due to the property of detailed balance, the MPDTP  $S_1 \rightarrow S_2$  is just the time-reversal of the MPDTP  $S_2 \rightarrow S_1$  while if the transition  $S_1 \rightarrow S_2$  does not satisfy the above mentioned restriction then the transition  $S_2 \rightarrow S_1$  necessarily satisfies an analogous restriction required for it to be described within the case considered in Section 3.3 (results of Section 3.3 for a saddle-saddle transition are applied to the transition  $S_2 \rightarrow S_1$  if to exchange notations:  $S_1$  by  $S_2$  and vice versa); corresponding actions differ merely by a factor  $U_{S_1} - U_{S_2}$ .

2. Global bifurcations in a dynamical system (saddle connections) play a crucial role for various characteristics of fluctuational transitions. Let us illustrate this for a system which possesses three attractors. Assume that a basin of attraction of an attractor 1 possesses at a given friction only one saddle,  $S_1$ . If to vary friction the connection to another saddle,  $S_1 \xrightarrow{\text{rel}} S_2$ , occurs at some friction which marks a change of a saddle via which the escape from an attractor 1 to an attractor 3 takes place (cf. Fig. 3) and a corresponding switch of the most probable transition route (MPTR) (cf. R in (2.26) and (2.30)). The connection  $S_1 \xrightarrow{\text{rel}} S_2$  leads also to sharp changes of the flux (cf. (2.25) and (2.29)) and of the mean first passage time (MFPT) (cf. (2.26) and (2.31)).<sup>23</sup>

In potential systems, reverse saddle connections,  $S_2 \xrightarrow{\text{rel}} S_1$ , also play an important role for fluctuational transitions. They mark switches of the *MPTR*: the ultimate transition occurs most probable from that potential well to which the trajectory emanating from  $S_2$  relaxes (cf. (3.15) and (3.16)). They also mark characteristic changes of the initial transition flux ( $\alpha_{13}$ ) which is well demonstrated by the inset in Fig. 6: critical values  $\Gamma_{n\geq 1}$ which correspond just to saddle connections  $S_2 \xrightarrow{\text{rel}} S_1$  separate ranges  $]\Gamma_{2m+2}, \Gamma_{2m+1}[$  in which the *MPDTP*  $1 \rightarrow S_2$  is the time-reversal of the noise-free trajectory  $S_2 \xrightarrow{\text{rel}} 1$  while action is equal just to the difference of energies  $U_{S_2} - U_1$  from ranges  $]\Gamma_{2m+3}, \Gamma_{2m+2}[$  in which the *MPDTP* necessarily follows  $S_1$  while action exceeds  $U_{S_2} - U_1$ . A maximum of each oscillation corresponds approximately to a largest distance from  $\Gamma$  to the nearest to it critical value  $\Gamma_n$ . If to number oscillations from the right then, as it follows from (3.92), (3.69), (3.68), a magnitude of an *m*th oscillation decreases at large *m* by a quadratic law:

$$\Delta S_{\min}^{(\max)}(m) = \frac{1}{m^2} \frac{\pi \Delta \omega_{osc}^2}{16 \Delta \omega_{osc}' (1 + I_1/I_2)^2}, \qquad m \gg 1$$
(4.1)

The largest oscillation is the first one from the right, i.e., in the range  $]\Gamma_3, \Gamma_2[$  (cf. Fig. 6) for the case when s = +1, i.e., when q(2) is between

<sup>&</sup>lt;sup>23</sup> Obviously, a crucial for fluctuational transitions role of saddle connections like those described above was found before in related problems: see e.g., ref. 47 where, in particular, a strong sensitivity of a probability of a multi-well jump in a tilted cosine potential to a tilt when it is close to the threshold for an onset of the running solution has been demonstrated.

q(1) and  $q(S_2)$  (cf. Fig. 4) or in the range  $]\Gamma_2, \Gamma_1[$  otherwise (i.e., when s = -1). Its magnitude has the maximal value when a depth of the well 2 is much larger both than a depth of the well 1 and than a difference of energies in saddles since, just in this case, a relative deviation of friction  $\Gamma$  from the nearest value providing a saddle connection  $S_2 \xrightarrow{\text{rel}} S_1$  is the largest. It is easy to derive from (3.82), (3.81) that

$$\begin{split} \Delta S_{\min}^{(\max)}(m=1) &\equiv \Delta S_{\min}(\Gamma^{(\max)}) = (U_{S_2} - U_{S_1}) \frac{\sqrt{a} + (1/\sqrt{a}) - 2}{4}, \\ a &\equiv \sqrt{\frac{\Gamma_{(1-s)/2+1}}{\Gamma_{(1-s)/2+2}}}, \qquad \Gamma^{(\max)} \equiv \sqrt{\Gamma_{(1-s)/2+1}\Gamma_{(1-s)/2+2}}, \\ U_{S_2} - U_2 \gg U_{S_2} - U_1 \end{split}$$
(4.2)

It is interesting to note that  $\Delta S_{\min}^{(max)}(m=1)$  differs drastically for the cases s = -1 and s = +1. It is demonstrated easier of all for the case

$$U_{S_2} - U_2 \gg U_{S_2} - U_1 \gg U_{S_2} - U_{S_1}$$
(4.3)

when a in (4.2) can be found explicitly: a = 3 if s = -1 and  $a \approx 1 + I_2/I_1 \gg 1$  if s = +1. Correspondingly,

$$\Delta S_{\min}^{(\max)}(m=1) \approx (U_{S_2} - U_{S_1}) \begin{cases} 0.077 & \text{at } s = -1\\ 0.25\sqrt{I_2/I_1} \gtrsim 1 & \text{at } s = +1 \end{cases}$$
(4.4)

At small enough temperatures, oscillations of action lead to exponentially strong oscillations of an initial flux. Note however that, in the case s = -1, required for this temperatures should be very small, as obvious from (4.4), while, in the case s = +1, the first oscillation is much stronger and if  $I_2/I_1$  is large enough then  $\Delta S_{\min}^{(\max)}(m=1)$  may be much larger than the Arrhenius factor  $U_{S_2} - U_1$  so that the oscillation of an initial flux is huge at any temperature from the relevant for the Kramers problem range  $T \ll U_{S_2} - U_1$ .

As concerns the case s = -1, a major variation of action occurs (monotonously) in the range  $[\Gamma_1, \Gamma_0]: \Delta S_{\min}$  varies from 0 to  $U_{S_1} - U_2$ (see Fig. 6) and, if (4.3) holds, the variation of action is much larger both than the Arrhenius factor and than the first oscillation (4.4).

I emphasise that, since the Kramers paper,<sup>(2)</sup> all works on the escape from a metastable potential (or on transition rates in a stable potential) considered only power-like dependences of the escape rate (flux) on

friction,<sup>24</sup> while we have demonstrated that, in a multi-well metastable potential, the dependence of the initial flux on friction is exponentially strong, including in particular exponentially strong oscillations.

Unlike potential systems, in non-potential or periodically-driven systems, switches of *MPTR*s and sharp changes in a flux and *MFPT* should not, generally, be associated with saddle connections  $S_2 \xrightarrow{\text{rel}} S_1$ : the detailed balance does not hold in such systems<sup>(36)</sup> so that most probable fluctuational paths are no longer associated with time-reverse relaxational paths and, hence, bifurcations of the latter do not give rise to bifurcations of the fluctuational paths. Preliminary results for periodically driven *zero-dispersion*<sup>(46, 48, 49)</sup> systems do confirm this:<sup>(50)</sup> a trajectory time-reverse to *MPDTP* in this multi-attractor system intersects a boundary of a basin of attraction of an initial attractor in a point which is not  $S_1$ , so that saddle connections  $S_2 \xrightarrow{\text{rel}} S_1$  may not lead to bifurcations of *MPDTP*s (but reverse connections,  $S_1 \xrightarrow{\text{rel}} S_2$ , are still relevant).

3. One more item which I did not touch so far but which should be discussed, at least briefly, concerns most probable transition paths with a given (rather than optimal) time of the transition. Such paths may be necessary for example for a calculation of a flux from any (both single- and multi-well) metastable potential at the very initial stage (before the quasistationarity within the initial well is formed). They are necessary also for a calculation of tails of a prehistory probability density.<sup>(34, 51)</sup> In ref. 51, such paths<sup>25</sup> within one well of the overdamped double-well Duffing oscillator were considered numerically. I note that the method described in the Section 3.3 can provide more explicit (rather than purely numerical) solutions of the Euler-Poisson equations, in much more general case: for an arbitrary potential and an arbitrary friction. With this aim, one should choose the type (3) of the solution (3.26) of the Euler-Poisson equation, unlike most probable direct transition paths considered in the present paper which correspond to the type (1) in (3.26). Indeed, if a time of the transition is fixed by us the minimization of action over a transition time (3.21) is not to be done and the condition (3.22), for a zero quasienergy, is no longer valid. In order to provide a given transition time it is necessary

<sup>&</sup>lt;sup>24</sup> To the best of my knowledge, there was only one work,<sup>(47)</sup> (reproduced also in the review<sup>(6)</sup>), in which some indirect and inexplicit evidence of a strong dependence of transition rates in a multi-well potential on friction was contained. However that work considered (by the method very different from mine) only some very particular case: an underdamped motion in a slightly tilted cosine potential close to the threshold for an onset of the running solution. And even for that particular case, the resulting expressions for rates of multi-well jumps were not analysed in details, while the Kramers problem for an escape from a multi-well metastable potential was not considered at all.

<sup>&</sup>lt;sup>25</sup> They are called *nonstationary optimal paths* in ref. 51.

to fit an integration constant C in the solution (3) in (3.26). The realization of this program has been started in ref. 10, which has allowed to discover that, at time-scales smaller than the duration of the optimal fluctuation, the escape flux grows with time in a *step-wise* manner if friction is small or moderate.

4. One more promising application of the results of the present paper is an optimal control of fluctuations. As it was shown in ref. 23, a deterministic field which is to be applied in order for either to enhance or to suppress a given fluctuational transition optimally can be expressed explicitly via the most probable transition path at the absence of an optimal field, at quite general conditions. The papers<sup>(23, 24)</sup> dealed with transitions within one and the same basin of attraction (more exactly, from an attractor to a saddle). The general approach of the present paper based on master equations describing multiple returns between attractors in a multi-attractor system may provide a generalization of the methods of refs. 23 and 24 for a case of multi-attractor systems. Besides, the exact solution of the variational problem in a multi-well potential system may be directly used in order to find the optimal field in such system.

5. The next item which I shall discuss in this section concerns a noise-induced unidirectional motion in periodic potentials.<sup>(17-22)</sup> The effect was originally considered for potentials asymmetric within the period ("ratchets").<sup>(17-20)</sup> It may arise also in symmetric potentials (e.g., ref. 21) and in periodically driven systems which lack spatio-temporal symmetry.<sup>(22)</sup> If a periodic potential has more than one well within the period then the consideration should be similar to that one which was developed in this paper, using master equations governing a dynamics of first-order conditional populations of wells within one period of the potential. This could be especially relevant to the resonant directed diffusion in nonadiabatically driven zero-dispersion systems. It was found recently<sup>(22)</sup> that the directed diffusion in periodic potentials driven by a non-adiabatic periodic force was enhanced significantly if the frequency of the force was close to the frequency of eigenoscillation in the potential at such energy which corresponds to the minimal absolute value of the derivative on energy  $|d\omega(E)/dE|$ . It obviously follows from results of ref. 22 that the most strong enhancement should be expected for zero-dispersion systems: in such systems,  $|d\omega(E)/dE|$  possesses a zero(s) at some energy(ies).<sup>(46, 48, 49)</sup> Periodic potentials which possess the zero-dispersion property have typically two or more barriers of different heights within each period<sup>(46, 52)</sup> and, thus, the analysis of the directed diffusion in such systems would need a use of the master equations.

6. Results of Section 3 for the most probable transition path may be important for the escape problem in periodically driven multi-well potentials. Consider, for example, the periodic potential in Fig. 7. At an absence of the driving, an escape from each well to an adjacent period occurs most probable via the nearest high barrier (since a relaxation trajectory from the top of a higher barrier goes into just adjacent wells, in our particular example). Generalizing the results<sup>(22)</sup> (cf. Eqs. (6) and (7) in ref. 22), one may conclude that action along the *MPDTP* to any of barriers decreases at a driving by a periodic force  $F \cos(\Omega t)$  (F > 0) by the factor

$$-\Delta S \equiv F |\chi(\Omega)| > 0, \qquad \chi(\Omega) = \int_{-\infty}^{\infty} dt \ e^{i\Omega t} \ \frac{\Gamma + \Gamma'(t)}{2\Gamma} \dot{q}(t) \tag{4.5}$$

where q(t) and  $\Gamma'(t)$  are described by (3.23), (3.28) with A corresponding to each particular *MPDTP*. Values  $\Delta S$  differ for different *MPDTP*s and, generally, the sign of the difference between those corresponding to the transition to the nearest high barrier and to the far one may turn out opposite to the sign of the corresponding difference in the absence of the driving. For example, in the case shown on Fig. 7, it certainly occurs if  $\Omega \ll 1$ :  $\Delta S$  is larger for that *MPDTP* which provides a transition to the



Fig. 7. An example of a symmetric periodic potential (solid line) with more than one well within a period. Dashed lines show relaxational trajectories from higher barriers (indicated by dots). An escape to an adjacent period occurs most probable, for this concrete example, via the *nearest* high barrier, following the time-reversal of the relaxational trajectory. If to apply a periodic force the most probable escape path may switch to the "*more far*" high barrier, thus, changing the direction of an initial noise-induced flux for the opposite one.

more far high barrier (cf. ref. 22) while, in the absence of the driving, action along this *MPDTP* is larger than along the another one, due to the absence of a relaxational trajectory. Correspondingly, at some critical value of the amplitude of the driving force,  $F_c$  two effects exactly compensate each other and the optimal path changes jump-wise: for  $F > F_c$ , the escape occurs via the more far high barrier, unlike the undriven case, and in order to calculate its probability one should use results of Section 3 of the present paper.

7. Finally, I would like to draw readers' attention to possible applications of results of the paper to two important objects described as potential systems. One of them is a biased Josephson junction,<sup>(40)</sup> which is described by a "washboard" potential.<sup>(36)</sup> This system was investigated by many authors. In particular, a stationary distribution (which accounts for escape rates both from the running regime and from the locked one) was investigated numerically in ref. 26 using the formulas equivalent to our (3.23), (3.28) (note also the explicit expressions for the escape rates in "underdamped and low-bias" case<sup>(47, 53)</sup> and expressions in quadratures (though quite complicated) for transition rates in the underdamped case with the tilt close to the threshold for an onset of the resistive state,<sup>(47)</sup> as well as various numerical studies<sup>(54, 55, 31, 36)</sup>. However the problem for the transition (rather than escape) rates at arbitrary friction and bias was not considered and results of Section 3 can be used for this (see also the discussion above). Note also that the developed here method (slightly modified for the application to this problem) could provide an easy and reliable numerical procedure for a calculation of transition rates from the running solution (as well as the associated "nonequilibrium potential"<sup>(26)</sup>) while the authors of ref. 26 reported an instability and non-reliability of numerical results obtained by their method.

The another important relevant application concerns ionic channels.<sup>(56, 57)</sup> Motion of ions in channels may be described in some cases<sup>(57)</sup> as an underdamped motion in a multi-well potential so that results of the paper may be relevant to this system.

## 5. SUMMARY

1. There has been introduced (see Section 2) a *splitting procedure* for a phenomenological treatment of inter-attractor transitions in a multiattractor system driven by a weak noise: an integral fluctuational transition flux is splitted into partial ones corresponding to different numbers of returns from a final attractor which may occur before an ultimate transition at a given instant. Such splitting allows to describe a dynamics of first-passage and prehistory problems by certain master equations whose solutions in terms of *direct* inter-attractor transition rates  $\alpha_{ij}$  are found explicitly. Examples have been analysed and a non-triviality of some of results has been demonstrated.

2. The classical Kramers problem for the escape from a metastable single potential well has been generalized for a case of a *multi-well* meta-stable potential. If friction does not exceed certain limit a dynamics of the escape is described by means of master equations mentioned above and has more than one exponentially long time-scale, unlike the conventional case.<sup>(2)</sup> At the smallest of these time-scales, a system transits from an initial well 1 *directly* (i.e., not following intermediate attractors) to the vicinity of that saddle  $S_2$  from which it can leave a metastable part of the potential noise-free. Thus, the escape flux at this stage is determined by a transition rate  $\alpha_{1S_2}$ .

If  $S_2$  does not belong to a basin of attraction of 1 (cf. Fig. 4) then such transition cannot be described by the conventional time-reversal of the relaxational path because the corresponding relaxational path just does not exist:  $S_2 \not\rightarrow 1$ . In order to find the *most probable direct transition path* (*MPDTP*)  $1 \rightarrow S_2$  and *action* along it (the latter determines with a logarithmic accuracy a transition rate  $\alpha_{1S_2}$ ) I have found *direct extremals* of the variational problem for an extremum of action, i.e., extremals which do not follow intermediate attractors (see Section 3.2). The solution is *valid for an arbitrary potential and an arbitrary friction parameter*. It may consist either of a single bit of certain type (see below) or of bits of this type sewed together in saddles while each bit is the time-reversal of the auxiliary relaxational trajectory (3.23) corresponding to a time-dependent friction (3.28) in which a constant *A* is to be chosen in such a way that the relaxation from an end of the bit to its beginning is provided.

The described above type of a single bit in the *MPDTP* is equivalent to that one obtained in ref. 26 by a different method and in a different context. But in order to find the *MPDTP* it is particularly important to know how to choose among an infinite number of direct extremals just that one which provides a *minimal* among them action. Authors of ref. 26 considered the latter problem only for one specific potential, namely a tilted cosine potential. Moreover their choice of a proper extremal was based mostly on intuitive arguments.

In contrast with ref. 26, I provide a complete *rigorous* analysis of the discussed above transition  $1 \rightarrow S_2$  when just two wells of arbitrary forms are involved (the number of wells is restricted by us to two just for the sake of clarity and brevity while a generalization to a larger number of wells is straightforward). First, the *MPDTP* follows a conventional *escape* path from an initial attractor 1 to a saddle of its basin of attraction,  $S_1$ , i.e.,

the time-reversal of the noise-free trajectory  $S_1 \xrightarrow{\text{rel}} 1$ . The main problem was to find the bit of the *MPDTP* between saddles,  $S_1 \rightarrow S_2$ . All possible cases are covered by Theorems 1–4 in Section 3.3.1. A typical *MPDTP* is shown in Fig. 4. The Theorem 3 states that if friction is not less than certain critical value  $\Gamma_0$  (which is typically equal to a doubled frequency of eigenoscillation in the bottom of the well 2) then the *MPDTP*  $S_1 \rightarrow S_2$  does not exist at all, i.e.,  $\alpha_{1S_2} = 0$  in this case.

A calculation of action  $S_{\min}$  along the *MPDTP* is provided by a simple numerical procedure which is incomparably easier than a purely numerical solution of the variational problem for a minimum of the action functional (cf. ref. 31) and, besides, our procedure provides a true solution for certain while the latter procedure as well as a purely numerical search of the constant A in (3.28) may miss an absolute minimum.

Thus, I have found with a logarithmic accuracy a complete solution of the generalized Kramers problem in all ranges of friction (which have been distinctly separated). Unlike most of previous works on the escape from a metastable potential, in which only a power-like dependence on friction was found (note the footnote 24), it has been demonstrated in the present paper that, in the case of a multi-well metastable potential, the *dependence* on friction can be exponentially strong, at small enough temperature.

3. In the underdamped range, both, the *MPDTP* and  $S_{\min}$  have been found *explicitly* for an arbitrary potential (see sub-section 3.3.3, cf. also an asymptote in Fig. 6).

4. Generally, global bifurcations in dynamical systems (*saddle connections*) drastically influence fluctuational transitions, at a weak noise added, especially in potential systems. At small enough temperature, this gives rise, in particular, to the characteristic *exponentially strong oscillations of an initial flux* from a multi-well metastable potential as a friction parameter varies (see an example in the inset in Fig. 6, see also the item 2 in Section 4). Maxima of oscillations are cusp-like which corresponds to a jump-wise switch of the *MPDTP* (cf. a line of discontinuity for a non-equilibrium potential<sup>(26)</sup> and a fluctuational separatrix for optimal paths<sup>(44, 43)</sup>).

**5.** Results for the Kramers problem, listed in items 2–4 above, can be easily generalized for the problem of *inter-attractor* transition rates in a *stable* multi-well potential system (see the item 1 in Section 4 for the case of 3-well potential).

6. I have sketched applications to various other problems: short-time dynamics of large fluctuations, prehistory probability density, optimal control of fluctuations, noise-induced transport in ratchets, escapes in a

multi-well potential at a periodic driving and interattractor transitions in biased Josephson junctions and ionic channels.

## APPENDIX A

The master equations which govern partial populations of the nth order for the transition  $1 \rightarrow 3$  (i.e., such populations which account only for those realizations of noise at which the system being initially at 1 visited 3 before a current instant n-1 times) are the following at  $n \ge 2$ ,

$$\frac{dW_{1}^{(n)}}{dt} = -(\alpha_{12} + \alpha_{13}) W_{1}^{(n)} + \alpha_{21} W_{2}^{(n)} + \alpha_{31} W_{3}^{(n)}, 
\frac{dW_{2}^{(n)}}{dt} = \alpha_{12} W_{1}^{(n)} - (\alpha_{21} + \alpha_{23}) W_{2}^{(n)} + \alpha_{32} W_{3}^{(n)}, 
\frac{dW_{3}^{(n)}}{dt} = -(\alpha_{31} + \alpha_{32}) W_{3}^{(n)} + J^{(n-1)}, 
W_{i}^{(n)}(0) = 0, \qquad i = 1, 2, 3$$
(A.1)

where the flux of the (n-1)st order

$$J^{(n-1)} \equiv \alpha_{13} W_1^{(n-1)} + \alpha_{23} W_2^{(n-1)}$$
(A.2)

is assumed to be some known function of time (see below).

The equation for  $W_3^{(n)}$  is separated and easily solved:

$$W_{3}^{(n)}(t) = \int_{0}^{t} d\tau J^{(n-1)}(\tau) e^{-(\alpha_{31} + \alpha_{32})(t-\tau)}$$
(A.3)

Substituting (A.3) into (A.1), we obtain for  $W_1^{(n)}$  and  $W_2^{(n)}$  a closed system of two linear inhomogeneous 1st-order differential equations whose solution, with the account of the initial conditions (A.1), is the following:

$$\vec{W}^{(n)} \equiv \begin{pmatrix} W_{1}^{(n)} \\ W_{2}^{(n)} \end{pmatrix} = \vec{W}_{l}^{(n)} + \vec{W}_{s}^{(n)}$$

$$\vec{W}_{l,s}^{(n)} = \frac{(k^{(s,l)}\alpha_{31} - \alpha_{32}) \begin{pmatrix} 1 \\ k^{(l,s)} \end{pmatrix}}{k^{(s,l)} - k^{(l,s)}} \int_{0}^{t} d\tau \ e^{-(t-\tau)/t_{l,s}} \int_{0}^{\tau} d\tau' \ e^{-(\tau-\tau')/t_{3}} J^{(n-1)}(\tau')$$

$$k^{(l,s)} = \frac{-t_{l,s}^{-1} + \alpha_{12} + \alpha_{13}}{\alpha_{21}}, \qquad t_{3} = (\alpha_{31} + \alpha_{32})^{-1}, \qquad (A.4)$$

where  $t_l$ ,  $t_s$  are defined in (2.7).

Taken that  $J^{(1)}$  is given by (2.8),  $\vec{W}^{(n)}$  and  $J^{(n)}$  can be found explicitly for any  $n \ge 2$  by the successive application of formulas (A.4) and (A.2), integrating explicitly at each successive step exponential terms in the integrand. For example,

$$J^{(2)} = J_{l}^{(2)} + J_{s}^{(2)},$$

$$J_{l,s}^{(2)} = \frac{(\alpha_{13} + \alpha_{23}k^{(l,s)})(\alpha_{31}k^{(s,l)} - \alpha_{32})}{k^{(s,l)} - k^{(l,s)}} \left\{ c_{l,s} \frac{1}{t_{3}^{-1} - t_{l,s}^{-1}} \right.$$

$$\times \left[ te^{-t/t_{l,s}} - \frac{1}{t_{l,s}^{-1} - t_{3}^{-1}} \left( e^{-t/t_{3}} - e^{-t/t_{l,s}} \right) \right]$$

$$+ c_{s,l} \frac{1}{t_{3}^{-1} - t_{s,l}^{-1}} \left[ \frac{1}{t_{l,s}^{-1} - t_{s,l}^{-1}} \left( e^{-t/t_{s,l}} - e^{-t/t_{l,s}} \right) - \frac{1}{t_{l,s}^{-1} - t_{3}^{-1}} \left( e^{-t/t_{3}} - e^{-t/t_{l,s}} \right) \right] \right\}$$

$$c_{l} = \alpha_{13}\alpha_{1} + \alpha_{23}\alpha_{2}, \qquad c_{s} = \alpha_{13} - c_{l}$$
(A.5)

where  $\alpha_{1,2}$  are defined in (2.7).

Two most essential differences of higher-order partial fluxes from  $J^{(1)}$  are the following:

(1) 
$$J^{(n \ge 2)}(0) = 0$$
 while  $J^{(1)}(0) = \alpha_{13} (J^{(n \ge 2)} \propto t^2 \text{ at small } t);$ 

(2) an additional time-scale  $t_3$  is present in the dynamics of  $J^{(n \ge 2)}(t)$ , due to that an escape from the final state of the transition, 3, is involved, unlike the case of  $J^{(1)}(t)$ ; for example, if  $t_3 \gg t_{l,s}$  then just higher-order fluxes prevail over the first-order one, at  $t \sim t_3$ .

In order to demonstrate more clearly a non-triviality of the above method let us consider briefly the simplest multi-stable system—the system with just 2 states. Introducing direct transition rates  $\alpha_{12}, \alpha_{21}$ , conditional populations  $W_{1,2}^{(n)}$  and partial fluxes for the transition  $1 \rightarrow 2$ 

$$J^{(n)}(1 \to 2, t) \equiv \alpha_{12} W_1^{(n)} \tag{A.6}$$

we can write for them the following master equations:

$$\frac{dW_1^{(1)}}{dt} = -\alpha_{12} W_1^{(1)}, \qquad W_1^{(1)}(0) = 1$$
(A.7)

$$\frac{dW_1^{(n)}}{dt} = -\alpha_{12} W_1^{(n)} + \alpha_{21} W_2^{(n)},$$
  
$$\frac{dW_2^{(n)}}{dt} = -\alpha_{21} W_2^{(n)} + \alpha_{12} W_1^{(n-1)}$$
  
$$W_1^{(n)}(0) = W_2^{(n)}(0) = 0, \qquad n \ge 2$$
  
(A.8)

The solution of (A.7) is a well-known result

$$W_1^{(1)}(t) = e^{-\alpha_{12}t} \tag{A.9}$$

It corresponds to the flux

$$J^{(1)}(t) = \alpha_{12} e^{-\alpha_{12} t} \tag{A.10}$$

Obviously, the flux (A.10) coincides with the conventional result for the flux in the escape problem.<sup>(2)</sup> At the same time, the case n > 1 was not considered before, to the best of my knowledge. The solution of (A.8) is

$$W_1^{(n)}(t) = \alpha_{12} \alpha_{21} \int_0^t d\tau \int_0^\tau d\tau' \ e^{\alpha_{12}(\tau-t) + \alpha_{21}(\tau'-\tau)} W_1^{(n-1)}(\tau')$$
(A.11)

Using the solution (A.9) for  $W_1^{(1)}$ , substituting it into (A.11), performing the integration, and then repeating this as many times as necessary, one can obtain an explicit expression for any order of  $W_1^{(n)}$  and therefore for the corresponding flux (A.6). For example, at  $\alpha_{12} \neq \alpha_{21}$ ,

$$J^{(2)}(t) = \alpha_{21} \left(\frac{\alpha_{12}}{\alpha_{12} - \alpha_{21}}\right)^2 \left(e^{-\alpha_{21}t} + e^{-\alpha_{12}t}(t(\alpha_{21} - \alpha_{12}) - 1)\right)$$
(A.12)

E.g., if  $\alpha_{21} \ll \alpha_{12}$ , then  $J^{(2)}$  significantly exceeds  $J^{(1)}$  already at  $t > \alpha_{12}^{-1} \times \ln(\alpha_{12}/\alpha_{21})$  which reflects that fact that the state 1 is nearly depleted at this time-scale and the only possibility for a system to be in 1 may be for an account of rare returns from 2.

## APPENDIX B

I shall derive in this Appendix the Eq. (3.25).

First of all, let us write down explicitly the partial derivatives of L (3.18), with  $q_{opt}(t)$  as an argument:

$$\frac{\partial L}{\partial \ddot{q}}\Big|_{q_{opt}(t)} = \frac{1}{2\Gamma} \left( \ddot{q}_{opt} + \Gamma \dot{q}_{opt} + \frac{dU(q_{opt})}{dq_{opt}} \right)$$

$$\frac{\partial L}{\partial \dot{q}}\Big|_{q_{opt}(t)} = \Gamma \left. \frac{\partial L}{\partial \ddot{q}} \right|_{q_{opt}(t)}$$

$$\frac{\partial L}{\partial q}\Big|_{q_{opt}(t)} = \frac{d^2 U(q_{opt})}{dq_{opt}^2} \frac{\partial L}{\partial \ddot{q}} \Big|_{q_{opt}(t)}$$

$$(B.1)$$

Let us put (B.1) into the Euler–Poisson equation (3.20), exchange the "blind" time variable t for  $t_{tr} - t$ , use the definition of  $q_{opt}(t)$  (3.23), i.e., exchange  $q_{opt}(t_{tr} - t)$  for q(t) (3.23), and take into account after this the symbolic relation

$$\frac{d}{d(t_{tr}-t)} \equiv -\frac{d}{dt} \tag{B.2}$$

Then we shall derive

$$\frac{d^2 U(q)}{dq^2} \eta + \Gamma \frac{d\eta}{dt} + \frac{d^2 \eta}{dt^2} = 0$$

$$\eta \equiv \frac{d^2 q}{dt^2} - \Gamma \frac{dq}{dt} + \frac{dU(q)}{dq}$$
(B.3)

where  $q \equiv q(t)$  satisfies the equation of motion (3.23).

Allowing for the Eq. (3.23) for q, the identity in (B.3) can be written as

$$\eta \equiv -\left(\Gamma + \Gamma'(t)\right) \frac{dq}{dt} \tag{B.4}$$

Substituting (B.4) into the equation for  $\eta$  in (B.3), allowing for

$$\frac{d^2 U(q)}{dq^2} \frac{dq}{dt} = \frac{d}{dt} \left( \frac{dU(q)}{dq} \right)$$
(B.5)

and using (3.23) again, we obtain

$$\left((\Gamma'(t))^2 - \Gamma^2 - 2\frac{d\Gamma'(t)}{dt}\right)\frac{d^2q}{dt^2} + \left(\Gamma'(t)\frac{d\Gamma'(t)}{dt} - \frac{d^2\Gamma'(t)}{dt^2}\right)\frac{dq}{dt} = 0$$
(B.6)

Carrying out the differentiation of  $\phi$  in (3.25) explicitly, one obtains the equation identical to (B.6).

## APPENDIX C

The goal of this Appendix is to study a possibility to sew together different "single-A" extremals. Let us consider the functional (3.18) and assume that there is an extremal (i.e., a trajectory providing an extremum of the functional)  $q_e(t)$  which is sewed in some intermediate point of the phase space  $(q_{in}, \dot{q}_{in})$  from trajectories of the type (3.23), (3.28) with different A. By the definition,  $q_e(t)$  must satisfy the condition of the equality to zero of the variation of the functional:

$$\delta S = 0, \qquad \delta S \equiv \int_0^{t_{tr}} dt \left[ \frac{\partial L}{\partial q} \,\delta q + \frac{\partial L}{\partial \dot{q}} \,\delta \dot{q} + \frac{\partial L}{\partial \ddot{q}} \,\delta \ddot{q} \right] \tag{C.1}$$

Let us divide the whole interval of integration in the integral (C.1) for three parts:

$$\delta S = \int_0^{t_{in} - \Delta t} \dots + \int_{t_{in} - \Delta t}^{t_{in} + \Delta t} \dots + \int_{t_{in} + \Delta t}^{t_{ir}} \dots$$
(C.2)

where  $t_{in}$  corresponds to the intermediate point  $(q_e(t_{in}) = q_{in}, \dot{q}_e(t_{in}) = \dot{q}_{in})$ while  $\Delta t$  is some arbitrary small interval. If to repeat for the first and third integrals the same procedure as is conventionally used<sup>(37)</sup> at the derivation of the Euler–Poisson equation (3.20) (i.e., to carry out an integration by parts twice) and to take into account that the Euler–Poisson equation is satisfied for (3.23), (3.28) everywhere except possibly  $t_{in}$  we shall obtain:<sup>26</sup>

$$\delta S = \left[ \frac{\partial L}{\partial \ddot{q}} \delta \dot{q} + \left( \frac{\partial L}{\partial \dot{q}} - \frac{d}{dt} \left( \frac{\partial L}{\partial \ddot{q}} \right) \right) \delta q \right] \Big|_{t_{in} - \Delta t} + \int_{t_{in} - \Delta t}^{t_{in} + \Delta t} \cdots - \left[ \frac{\partial L}{\partial \ddot{q}} \delta \dot{q} + \left( \frac{\partial L}{\partial \dot{q}} - \frac{d}{dt} \left( \frac{\partial L}{\partial \ddot{q}} \right) \right) \delta q \right] \Big|_{t_{in} + \Delta t}$$
(C.3)

If to make  $\Delta t$  infinitesimal the integral in (C.3) vanishes. Allowing also for that  $q_e(t)$ ,  $\dot{q}_e(t)$  should be continuous everywhere (otherwise a random force (3.6) would become infinite), i.e.,

$$\begin{split} \delta q|_{t_{in} - \Delta t} &= \delta q|_{qt_{in} + \Delta t} \equiv \delta q_{in}, \\ \delta \dot{q}|_{t_{in} - \Delta t} &= \delta \dot{q}|_{qt_{in} + \Delta t} \equiv \delta \dot{q}_{in}, \qquad \Delta t \to 0 \end{split}$$
(C.4)

<sup>26</sup> We do not vary  $t_{in}$  and  $t_{ir}$  in S because solutions (3.23), (3.28) necessarily satisfy the condition (3.22) and, thus, the corresponding variations are equal to zero.

we derive

$$\delta S = \delta \dot{q}_{in} \left[ \frac{\partial L}{\partial \ddot{q}} \Big|_{t_{in} - \Delta t} - \frac{\partial L}{\partial \ddot{q}} \Big|_{t_{in} + \Delta t} \right] + \delta q_{in} \left[ \frac{\partial L}{\partial \dot{q}} \Big|_{t_{in} - \Delta t} - \frac{\partial L}{\partial \dot{q}} \Big|_{t_{in} + \Delta t} + \frac{d}{dt} \left( \frac{\partial L}{\partial \ddot{q}} \right) \Big|_{t_{in} + \Delta t} - \frac{d}{dt} \left( \frac{\partial L}{\partial \ddot{q}} \right) \Big|_{t_{in} - \Delta t} \right]$$
(C.5)

Coordinate and velocity are varied here independently. Hence the variation  $\delta S$  is identically equal to zero only if the expressions in the square brackets are equal to zero. With the account of that the following equalities are satisfied on the extremal,

$$\frac{\partial L}{\partial \ddot{q}} = \frac{1}{2\Gamma} \left( \Gamma + \Gamma'(t_{tr} - t)) \, \dot{q}_e(t), \qquad \frac{\partial L}{\partial \dot{q}} = \Gamma \, \frac{\partial L}{\partial \ddot{q}} \tag{C.6}$$

and allowing for the continuity of  $\dot{q}_e(t)$ , the condition for the equality to zero of the expressions in square brackets in (C.5) can be written as

$$\begin{bmatrix} \Gamma'(t_{tr} - t_{in} + \Delta t) - \Gamma'(t_{tr} - t_{in} - \Delta t) \end{bmatrix} \dot{q}_{e}(t_{in}) = 0$$
  

$$\begin{bmatrix} \dot{\Gamma}'(t_{tr} - t_{in} + \Delta t) - \dot{\Gamma}'(t_{tr} - t_{in} - \Delta t) \end{bmatrix} \dot{q}_{e}(t_{in})$$
  

$$+ (\Gamma + \Gamma'(t_{tr} - t_{in} - \Delta t)) \ddot{q}_{e}(t_{in} + \Delta t)$$
  

$$- (\Gamma + \Gamma'(t_{tr} - t_{in} + \Delta t)) \ddot{q}_{e}(t_{in} - \Delta t) = 0$$
(C.7)

By the original assumption, the values of A in  $\Gamma'$  (3.28) are different at  $t_{in} - \Delta t$  and at  $t_{in} + \Delta t$ , which means that

$$\Gamma'(t_{tr} - t_{in} + \Delta t) \neq \Gamma'(t_{tr} - t_{in} - \Delta t)$$
(C.8)

Then, the first condition in (C.7) can be written as

$$\dot{q}_e(t_{in}) = 0 \tag{C.9}$$

If dU/dq is continious then it follows from (C.9), (3.23) and from the continuity  $q_e(t)$  that  $\ddot{q}_e(t)$  is continuous in  $t_{in}$  as well:

$$\ddot{q}_{e}(t_{in} - \Delta t) = \ddot{q}_{e}(t_{in} + \Delta t) \equiv \ddot{q}_{e}(t_{in})$$
(C.10)

If  $\Gamma'(t_{tr} - t_{in} - \Delta t)$  and  $\Gamma'(t_{tr} - t_{in} + \Delta t)$  are finite then, with the account of (C.8)–(C.10), the second of the conditions (C.7) is equivalent to

$$\ddot{q}_{e}(t_{in}) = 0 \tag{C.11}$$

With the account of (3.23), conditions (C.9), (C.11) are equivalent to (3.32).

For that case when, at least for one of sewed extremals,  $\Gamma'$  turns into infinity in the sewing point (cf. Appendix D) then even a satisfaction (C.11) may not provide an equality of the variation  $\delta S$  to zero. However, it is shown in Section 3.3.1 that, for a transition from an attractor corresponding to a a bottom of one of wells to a state which does not belong to its basin of attraction, an extremal which provides an absolute minimum of action necessarily follows the saddle of the basin. Thus, in this case, the *MPDTP* is *necessarily* sewed in the saddle from "single-A" extremals with different A.

## APPENDIX D

The trajectory (3.23), (3.28) is analysed below in the context of an existence the pole  $t_p$  (3.30) (correspondingly, A will be assumed positive unless it is specified otherwise).

Let us recon a time from  $t_p$ :

$$\tau \equiv t - t_p \tag{D.1}$$

Then, (3.28) and (3.23) can be written respectively as

$$\tilde{\Gamma}(\tau) \equiv \Gamma'(t) = \Gamma \frac{1 + e^{\Gamma \tau}}{1 - e^{\Gamma \tau}},$$
(D.2)

$$\ddot{\tilde{q}} + \tilde{\Gamma}(\tau) \, \dot{\tilde{q}} + dU(\tilde{q})/d\tilde{q} = 0, \qquad \tilde{q}(\tau) \equiv q(t) \tag{D.3}$$

It is easy to see that

$$\tilde{\Gamma}(-\tau) = -\tilde{\Gamma}(\tau) \tag{D.4}$$

If to denote

$$\tilde{q}_{-}(\tau) \equiv \tilde{q}(-\tau) \tag{D.5}$$

we shall obtain for  $\tilde{q}_{-}(\tau)$ , with the account of (D.4), the same equation as for  $\tilde{q}(\tau)$  (i.e., (D.3)). Thus, if the initial conditions coincide, i.e., if

$$\tilde{q}_{-}(0) = \tilde{q}(0), \qquad \tilde{q}_{-}(0) = \tilde{q}(0)$$
 (D.6)

and if the equation (D.3) with such initial conditions has a unique solution then the trajectory for positive  $\tau$  is just the time-reversal of that one for negative  $\tau$ 

$$\tilde{q}(\tau) = \tilde{q}(-\tau) \tag{D.7}$$

The condition (D.6) is satisfied only if

$$\dot{\tilde{q}}(0) = 0 \tag{D.8}$$

The condition (D.8) is obviously satisfied<sup>27</sup> because, otherwise,  $\dot{q}$  and  $\ddot{q}$  would diverge at  $\tau = 0$ , taking into account that  $\tilde{\Gamma}(\tau)$  diverges at  $\tau = 0$ :

$$\tilde{\Gamma}(\tau) \approx -\frac{2}{\tau}, \qquad |\tau| \ll \frac{1}{\Gamma}$$
 (D.9)

As concerns the uniqueness of the solution, it depends on whether  $q(t_p)$  is a stationary point of the original dynamic equation (with a true  $\Gamma$ ) or not. Let us consider these cases separately.

(1)

$$\left. \frac{dU}{dq} \right|_{\tilde{q}(0)} \neq 0 \tag{D.10}$$

Let us expand the velocity into the Taylor series,

$$\hat{\vec{q}}(\tau) = \alpha_1 \tau + \alpha_2 \tau^2 + \cdots \tag{D.11}$$

and substitute it into the Eq. (D.3).<sup>28</sup> Then, keeping the leading order in  $\tau$ , we obtain

$$a_1 = \frac{dU}{dq}\Big|_{\tilde{q}(0)} \tag{D.12}$$

The higher-order coefficients in (D.11) can be easily (and uniquely) found using (D.3), (D.9)–(D.12) as well as higher-order terms in the Taylor expansion of  $\tau \tilde{\Gamma}(\tau)$ .

<sup>28</sup> Strictly speaking, one could try also an expansion  $\dot{q}(\tau) = b(\tau)(a_1\tau + a_2\tau^2 + \cdots)$  where  $b(\tau)$  is a non-analytic function such that  $\tau b(\tau) \to 0$  at  $\tau \to 0$  (e.g.,  $b(\tau) = \ln(\tau)$ ). But it is easy to show that the Eq. (D.3) cannot then be satisfied.

<sup>&</sup>lt;sup>27</sup> Note that the consideration similar to (D.1)–(D.6) is valid for negative A too if to change  $t_p$  by  $t_0$  (3.29). However, the condition (D.6) is not satisfied for negative A unless, incidentally,  $t_0$  corresponds to a turning point. Thus, typically, the trajectory does not follow "back in time," at negative A.

Thus, the trajectory is uniquely defined if (D.10) holds and, therefore, (D.7) holds true in this case too.

It is interesting to note also that the direction from which the system (D.3) arrives at the turning point  $(\tilde{q}(0), \dot{q}(0) = 0)$  depends only on a sign of  $dU/dq|_{\tilde{q}(0)}$ . Thus, if the latter is negative while  $q(t=0) > q(t_p)$  then the trajectory should necessarily have at least one more turning point before (i.e., at  $t < t_p$ ), in which a velocity changes the negative sign for the positive one.

(2)

$$\left. \frac{dU}{dq} \right|_{\tilde{q}(0)} = 0 \tag{D.13}$$

At small  $\tau$ , we may omit then the term dU/dq in the Eq. (D.3) (which will be confirmed by the result) and obtain the closed equation for  $d\tilde{q}/d\tau$  which is easily integrated:

$$\frac{d\tilde{q}}{d\tau} = C \exp\left(-\int d\tau \ \tilde{\Gamma}(\tau)\right) \tag{D.14}$$

where C is an arbitrary constant.

With the account of (D.9),

$$\frac{d\tilde{q}}{d\tau} \approx C\tau^2 \tag{D.15}$$

Correspondingly,

$$\tilde{q}(\tau) \approx \frac{1}{2} C \tau^3 \tag{D.16}$$

from which the validity of the omission of the term dU/dq in (D.3) in the case (D.13) follows.

Taken that C is arbitrary, there is an infinite number of trajectories which satisfy both the equation of motion (D.3) and the initial conditions (D.8), (D.13). It follows from this, in particular, that (D.7) may not hold true.

It is interesting also that, at any non-zero C, the trajectory (D.16) approaches  $\tilde{q}(0)$  (or departs from it) for a finite time.

## ACKNOWLEDGMENTS

I appreciate discussions with M. Arrayás, M. I. Dykman, I. Kh. Kaufman, D. G. Luchinsky, R. Mannella, P. V. E. McClintock, A. McKane,

V. I. Sheka, V. N. Smelyanskiy and O. M. Yevtushenko as well as an assistance of D. G. Luchinsky in a design of a numerical code used at the drawing Fig. 6 and a technical assistance of G. Pickett in drawing some figures. I express a gratitude to Lancaster University for a hospitality during the stay in it when a large part of this work was done. The work was supported in part by the EPSRC (UK) and by the INTAS.

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